



ASSABAH ARTS AND SCIENCE COLLEGE

(Affiliated to the University of Calicut, Approved by Govt.)

Run by Assabah Association Trust

Valayamkulam, P.O. Kokkur-679591, Malappuram Dist

DATE: 06/06/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON WORLD ENVIRONMENT DAY
CELEBRATION

Date and Time	June 5, 2024
Organized by	NSS Unit , Nature club, Department of Physics & Geology
Target participants	NSS Volunteers, Residents of nearby community
Venue	Assabah College adopted village

Details of the programme:

In observance of World Environment Day on June 5, 2025, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, organized an environmentally focused event in the adopted village of Alamcod Panchayath. The event aimed to raise awareness about the importance of environmental conservation and involved both tree planting and the maintenance of existing trees in the village.

The primary objective of the event was to engage the local community and students in meaningful environmental actions. The NSS 240 Unit sought to contribute to the conservation of the environment in the adopted village and foster a deeper understanding of sustainability practices. The initiative was also designed to inspire a long-term commitment to environmental care among both students and villagers.

The event was a great success, with over 100 of saplings planted in various parts of the village. Volunteers and villagers worked hand-in-hand, and the older trees in the village were well-maintained, ensuring a greener and healthier environment. Participants learned valuable skills in tree care, environmental conservation, and the importance of community involvement in sustaining green initiatives.



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The NSS 240 Unit's celebration of World Environment Day in the adopted village was a productive and impactful event. By planting new trees and taking care of existing ones, the volunteers contributed significantly to the environmental health of the village. This initiative not only beautified the village but also reinforced the message of sustainable practices, showing that collective action is key to preserving the environment. Moving forward, the NSS unit hopes to continue such efforts, inspiring both the college community and the villagers to actively protect and nurture the environment.

Poster:





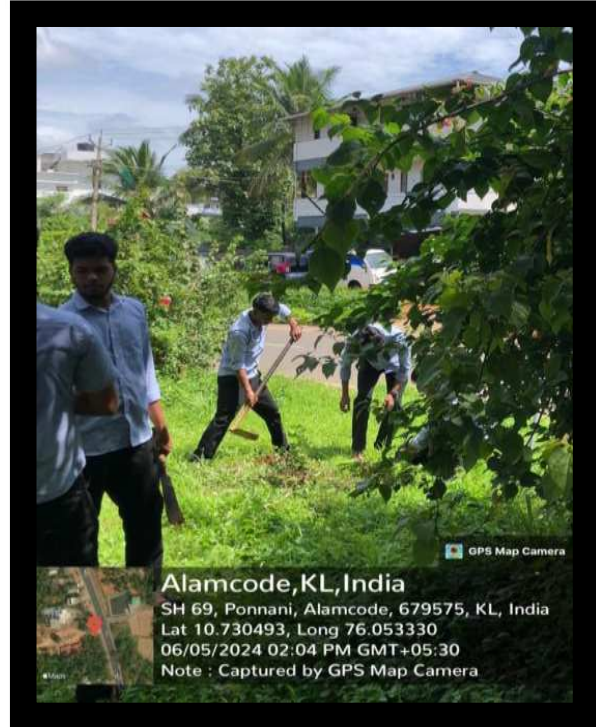
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Photos:





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DATE: 06/20/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON DONATION OF SMART PHONE TO
AUTISM-AFFECTED STUDENT

Date and Time	06/19/2024
Organized by	NSS 240 Unit
Target participants	Autism-Affected Student
Venue	Assabah College Safa Block

Details of the programme:

In an effort to support students with special needs and promote inclusivity, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, took the initiative to donate a smart phone to an autism-affected student. The donation aimed to assist the student in improving his educational experience and communication skills. The amount for the phone was generously contributed by the volunteers of the NSS unit.

The donation was made possible through the combined efforts of NSS volunteers, who contributed funds to purchase a smart phone for the student. The phone will serve as a tool to help the student with learning, communication, and accessing educational resources that are often helpful for children with autism.

On the day of the donation, the student's mother came to collect the smart phone. The handover took place in the presence of Dr. Harikrishnan, the Head of the Department of English, who played a key role in facilitating the donation process. The event was a heart-warming occasion, highlighting the college's commitment to supporting students with special needs. The primary objective of this donation was to provide the student with a tool that would assist him in his learning journey. Smart phones can play a significant role in educational development for children with autism by providing access to specialized apps and communication tools. This initiative also aimed to promote empathy and social responsibility among the volunteers of NSS.



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The donation of the smart phone was well-received by the student's family. The mother expressed her gratitude for the support shown by the NSS unit and the volunteers. The student will now be able to use the device to engage in educational activities, improving his communication and learning abilities.

The event was a testament to the spirit of community and service, as the NSS unit demonstrated a deep commitment to helping students overcome challenges through the use of technology.

The donation of the smart phone to the autism-affected student by the NSS 240 Unit was a successful and meaningful initiative. It reflected the college's dedication to supporting its students, especially those with special needs, and fostering an inclusive learning environment. The contribution of the NSS volunteers not only provided practical assistance but also showcased the importance of empathy and collective effort in making a positive impact in the community.

Photos:





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DATE: 06/22/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON WORLD YOGA DAY CELEBRATION

Date and Time	06/21/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers & Sports Club Volunteers
Venue	Assabah College Library hall

Details of the programme:

On June 21, 2025, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, celebrated World Yoga Day with a special program that focused on practicing yoga and discussing its importance. The event aimed to raise awareness about the physical and mental benefits of yoga, encouraging students and faculty members to integrate it into their daily lives for better health and well-being.

The program was inaugurated by PPM Ashraf, the President of Assabah College. In his opening address, he emphasized the significance of yoga as a holistic practice that nurtures both physical and mental health. He encouraged the students to adopt yoga as a regular practice to enhance their overall wellness and lead healthier lives.

Following the inauguration, a yoga session was conducted by Shoba MK, a skilled yoga instructor. The session focused on basic yoga poses and breathing techniques aimed at improving flexibility, strength, and mental clarity. The participants engaged in a series of asanas (yoga postures) and pranayama (breathing exercises), learning how these practices can reduce stress, enhance concentration, and promote physical vitality.

The primary objective of this event was to raise awareness about the many benefits of yoga and to inspire students and faculty members to incorporate it into their daily routines. The event also aimed to promote mental and physical well-being and highlight yoga's role in creating a balanced and healthy lifestyle.

The World Yoga Day celebration was well-attended, with a large number of students and faculty members participating in the yoga session. Participants reported feeling relaxed and energized after the session, and many expressed interest in making yoga a part of their regular routine.



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The discussions during the program reinforced the importance of maintaining a balance between body and mind, emphasizing yoga as an accessible and effective way to achieve this balance. The event successfully raised awareness about the long-term benefits of yoga, such as improved posture, better concentration, reduced anxiety, and a stronger immune system.

The World Yoga Day celebration organized by the NSS 240 Unit was a great success, bringing together the college community to practice yoga and learn about its many benefits. The event not only contributed to the physical and mental well-being of the participants but also fostered a deeper understanding of yoga as an essential part of a healthy lifestyle.

Poster:

NSS 240 UNIT ASSABAH ARTS & SCIENCE COLLEGE PG DEPARTMENT OF PHYSICAL EDUCATION

INTERNATIONAL
YOGA
DAY

Demonstration by
SOBHA.M.K
(Assistant professor)

21 June 2024 - 9:30 AM - Library hall

In Association with IQAC



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DATE: 06/28/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON OBSERVATION OF INTERNATIONAL DAY AGAINST DRUG ABUSE

Date and Time	06/26/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers & Anti-narcotic cell
Venue	Assabah College Safa Marva block

Details of the programme:

On June 26, 2024, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, observed the **International Day against Drug Abuse and Illicit Trafficking** with a special program aimed at raising awareness about the dangers of drug abuse and the urgent need to address illicit trafficking. This day is recognized globally to highlight the devastating effects of drug abuse on individuals, families, and societies, and to encourage collective efforts to tackle this issue.

The program included various activities designed to educate and engage the college community and local residents in a collective fight against drug abuse. Through speeches, symbolic actions, and distribution of educational materials, the event sought to inspire a change in attitudes and promote preventive measures.

One of the most impactful moments of the event was the formation of a human chain. This symbolic act of unity represented the collective strength of the community in standing against drug abuse and illicit trafficking. As participants joined hands, they sent a powerful message of solidarity and shared commitment. During the formation of the chain, Union Chairperson Nusaiba Nadhran delivered an inspiring speech, calling on the community to remain vigilant and take proactive steps in preventing drug abuse. Her words resonated deeply with the participants, reinforcing the importance of awareness and collective responsibility in combating this issue.



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The participants then took a united pledge against drug abuse, vowing to raise awareness, support those affected by addiction, and work together to prevent the spread of drugs in their community. This pledge marked a pivotal moment in the event, as it encouraged all involved to take a personal stand against drug abuse and illicit trafficking.

Community Outreach through Distribution of Informational Pamphlets:
In the second phase of the event, the students, teachers, and coordinators of the NSS unit took their awareness campaign beyond the college campus. They set out to distribute informational pamphlets to community members, including travelers, shopkeepers, and local residents. These pamphlets contained important information about the dangers of drug abuse, the warning signs of addiction, and the steps to take for prevention and intervention. The pamphlet distribution was designed to educate the public and raise awareness, while also encouraging them to be vigilant and take action if they suspect drug abuse in their community. This outreach effort was a direct way to bring the message of drug abuse prevention to the broader community and create a more informed and proactive

The observation of the International Day against Drug Abuse and Illicit Trafficking by the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, was a highly successful and impactful event. It effectively raised awareness about the dangers of drug abuse and illicit trafficking while also promoting community involvement in the fight against this issue. Through speeches, the formation of a human chain, the pledge, and the distribution of educational pamphlets, the event made a meaningful contribution to addressing this global concern at the local level.

The initiative showcased the importance of collaborative action in combating drug abuse and underscored the role of every individual in creating a healthier and safer environment. Going forward, the NSS unit hopes to continue raising awareness and taking proactive steps toward preventing drug abuse in the community.



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Photos:

Formation of Human Chain & Pledge against Drug Abuse





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Community Outreach through Distribution of Informational Pamphlets





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DATE: 06/28/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SIGNATURE CAMPAIGN FOR A DRUG-FREE SOCIETY

Date and Time	06/26/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers & Anti-narcotic cell
Venue	Assabah College Cordova Block

Details of the programme:

As part of its continued efforts to combat the growing issue of drug abuse and promote a healthier and safer society, the **NSS 240 Unit of Assabah Arts and Science College**, Valayamkulam, organized a **Signature Campaign for a Drug-Free Society**. The campaign aimed to engage the college community in pledging their commitment to a drug-free lifestyle and to raise awareness about the detrimental effects of drug abuse on individuals and society.

The Signature Campaign for a Drug-Free Society was a tremendous success, with a large number of students actively signing the pledge and expressing their support for a drug-free environment. The banner collected hundreds of signatures, symbolizing the strong commitment of the students to stay away from drugs and to encourage their peers to do the same.

The campaign also sparked important conversations about drug abuse, with many students reflecting on the negative impact it has on both individuals and society. Through the distribution of pamphlets and one-on-one interactions, the event succeeded in spreading vital information about drug prevention and intervention resources.

The Signature Campaign for a Drug-Free Society organized by the NSS 240 Unit at Assabah Arts and Science College, Valayamkulam, was a meaningful initiative that successfully engaged students in promoting awareness and making a commitment to a drug-free lifestyle. Through this campaign, the NSS unit not only contributed to building a drug-free society but also fostered a greater sense of responsibility and unity among students. The event reinforced the message that a drug-free society is achievable through collective efforts and by making informed, healthy choices.



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DATE: 06/28/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON ESSAY COMPETITION ON DRUG ABUSE AWARENESS

Date and Time	06/26/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers & Anti-narcotic cell
Venue	Assabah College Language Lab

Details of the programme:

In commemoration of the International Day against Drug Abuse and Illicit Trafficking, the NSS Unit 240 and Anti-Narcotics Cell organized an essay writing competition as part of the NASHA MUKT BHARAT ABHIYAAN, a national movement aimed at creating a drug-free India. The event sought to actively engage students in a thoughtful exploration of the theme "Drug Abuse Prevention and Awareness." Participants were encouraged to express their views on the detrimental impact of drug abuse on individuals, families, and society, while also suggesting effective strategies for prevention and control. The competition provided a platform for young minds to critically reflect on the social, psychological, and health-related consequences of drug addiction. In doing so, it emphasized the importance of education and awareness as key tools in combating this growing societal issue. Through their essays, participants effectively conveyed the message that collective action and individual responsibility are crucial in the fight against drug abuse, reinforcing the idea that a united effort can lead to a safer and healthier community.

The competition focused on the theme "**Drug Abuse Prevention and Awareness**", encouraging students to explore the harmful effects of drug abuse on individuals, families, and society, and suggest effective prevention strategies. The event provided a platform for students to reflect on the social, psychological, and health consequences of addiction while emphasizing the importance of education and collective action in tackling this issue. Participants conveyed a strong message of responsibility and unity in the fight against drug abuse, contributing to a safer and healthier community.




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Poster:

 **Assabah Arts & Science College**
Valayamkulam



World Anti-Drug Day

NSS 240 Unit in Association with Anti-Narcotic Cell
Presents
NASHA MUKT BHARAT ABHIYAAN
NATIONAL

**ESSAY
WRITING
COMPETITION**

26th June 2024
12 PM
Computer Science Lab

Monitored by IQAC



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Photos:





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Valayamkulam, P.O. Kokkur-679591, Malappuram Dist

DATE: 06/28/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON COLLAGE-MAKING COMPETITION ON
"DRUG ABUSE PREVENTION AND AWARENESS"

Date and Time	06/26/2024
Organized by	NSS Unit 240, Anti-Narcotics Cell, Computer Science Department
Target participants	NSS Unit 240, Anti-Narcotics Cell, Computer Science Department students
Venue	Assabah College Library Hall

Details of the programme:

The NSS Unit 240, Anti-Narcotics Cell, and the Computer Science Department collaborated to organize a collage-making competition focused on the theme "Drug Abuse Prevention and Awareness." The event aimed to encourage a creative dialogue on the harmful effects of drug abuse, engaging students to reflect on its consequences for individuals and society. The NSS Unit 240, Anti-Narcotics Cell, and the Computer Science Department collaboratively organized a Collage-Making Competition on the theme "Drug Abuse Prevention and Awareness." The event aimed to encourage creative expression while raising awareness about the harmful effects of drug abuse on individuals and society.

Students actively participated in the competition, using their artistic skills to convey powerful messages against drug abuse. The collages reflected deep thought and creativity, blending visuals with strong messages to emphasize the dangers of substance abuse.

A panel of teachers evaluated the submissions based on creativity, message clarity, and overall presentation. The competition not only showcased the students' artistic talents but also fostered meaningful discussions on drug prevention and awareness. The event successfully achieved its objective of spreading awareness and encouraging dialogue on this critical issue, reinforcing the importance of a drug-free society among the youth




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Poster:


 Assabah Arts & Science College
Valayamkulam


WORLD ANTI-DRUG DAY


Anti-Narcotic Cell in Association with NSS 240 Unit
& Department of Computer Science & Applications

Presents

**COLLAGE MAKING
COMPETITION**

 26th June 2024

 11.00 AM

 Library Auditorium

Monitored By IQAC



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DATE: 07/08/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SHANTHI BAVAN VISIT AND FUND COLLECTION

Date and Time	07/06/2024
Organized by	NSS Unit 240, Arike SIP
Target participants	NSS volunteers & Students of shanthi bavan
Venue	Shanthi bhavanam ,Randathani

Details of the programme:

On July 6, 2024, the NSS Unit 240 and Arike SIP of Assabah Arts and Science College, Valayamkulam, undertook a humanitarian visit to Shanthi Bhavanam, an orphanage dedicated to providing care and support to underprivileged children. This visit was aimed at extending financial assistance and moral support to the institution in its noble mission.

During the visit, the team interacted with the children, engaging them in various activities to bring joy and encouragement. The volunteers also spent time understanding the daily challenges faced by the orphanage and its residents. The visit was marked by warm conversations, cultural activities, and moments of shared happiness.

As a part of this initiative, a donation of ₹20,000 was made to Shanthi Bhavanam to support their new project of constructing a shelter for children affected by autism. This contribution was intended to aid in the development of a safe and nurturing environment for these children, ensuring they receive the care and support they need.

The management and children of Shanthi Bhavanam expressed heartfelt gratitude for the support and generosity extended by NSS Unit 240 and Arike SIP. The event served as a reminder of the importance of social responsibility and the impact that collective efforts can have on improving lives. The visit concluded with a renewed commitment from the NSS volunteers to continue such initiatives, fostering a spirit of compassion and service within the community.



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Photos & Slip of Donation



ശാന്തിഭവനം SHANTHI BHAVANAM

(FOUNDING HOME & CHILDRENS HOME)

Run by: RANDATHANI YUVATHA CULTURAL ORGANIZATION, (Reg: 607/97)

POORANCHERU, RANDATHANI, P.O. MALAPPURAM DT. KERALA, PH: 9446 29 61 26

Reg.No AADAR2599DE20198, Date of Registration 14-10-2021

Reg.No AADAR2599DF20212, Date of Approval 23-09-2021

PAN : AADAR2599D



No. 852

Date: 06/07/24

Received with thanks from: Assabah Arts and Science College
Valayamkulam For Smitha Miss:

(Anke SIP and NSS 2A0) Mob: 8907682292

the sum of Rupees Twenty Thousand -/-

being New Project

₹ 20,000/-

Representative

Secretary



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DATE: 07/08/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON FELICITATION PROGRAM BY THE
DISTRICT COLLECTOR

Date and Time	07/06/2024
Organized by	District Collectrate, Malappuram
Target participants	Program officers from various collages
Venue	Manjeri Town Hall

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, was honored by the District Collector in a felicitation program for their outstanding efforts in UDID (Unique Disability ID) card registration. The event recognized the dedication and hard work of the NSS volunteers in assisting individuals with disabilities in obtaining their UDID cards, a crucial step toward ensuring access to government benefits and services.

During the ceremony, the District Collector appreciated the efforts of the NSS team and commended their commitment to social service. The initiative undertaken by the volunteers played a significant role in streamlining the registration process, thereby benefiting many individuals in need.

On behalf of the students, NSS Program Officer Abdul Rahman received the certificate of appreciation from the District Collector, acknowledging the collective contribution of the unit. This recognition serves as motivation for the volunteers to continue their community service initiatives with greater enthusiasm.

The event concluded with words of encouragement from the District Collector, urging students to remain actively involved in programs that bring positive change to society.



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DATE: 08/08/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON RELIEF COLLECTION DRIVE FOR
WAYANAD, MUNDAKAI, AND CHOORALMALA LANDSLIDE VICTIMS

Date and Time	08/05/2024
Organized by	NSS 240 Unit & INDIA students union
Target participants	Victims of landslides in Wayanad, Mundakai, and Chooralmala
Venue	Government College, Malappuram

Details of the programme:

In response to the devastating landslides that struck Wayanad, Mundakai, and Chooralmala, displacing numerous families and causing severe hardship, the NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, in collaboration with the College Union, took the initiative to set up a relief collection point within the college premises. The aim was to mobilize resources and gather essential supplies to support the affected communities in their time of need.

Once the collection was completed, the NSS volunteers meticulously sorted, packed, and organized the relief materials to ensure systematic distribution. On the designated day, all collected items were transported to Government College, Malappuram, which was functioning as a central relief coordination center for Wayanad landslide victims. This ensured that the donations reached the right hands under proper supervision.

The initiative was met with overwhelming appreciation from both the college administration and the general public. The affected communities in Wayanad and surrounding areas received much-needed assistance, alleviating some of their hardships. The District Administration and relief coordinators acknowledged the efforts of NSS Unit 240 and the College Union, highlighting the importance of youth-led humanitarian efforts in times of crisis.



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The relief collection drive served as a powerful example of solidarity, compassion, and responsibility among students and faculty. It reinforced the spirit of community service and social commitment, demonstrating how collective action can bring real change. The NSS Unit 240, with its unwavering dedication, has once again proven its role in serving society beyond the classroom.

Moving forward, the NSS unit and College Union have expressed their commitment to continuing such initiatives, ensuring they stand ready to extend support whenever needed.

Poster

 **ASSABAH ARTS & SCIENCE COLLEGE**
Valayamkulam

**ഒറ്റക്കെട്ടായി
കൈകോർക്കാം**

INDIA | **STUDENTS UNION 2023 - 24**
ASSABAH ARTS AND SCIENCE COLLEGE
NATIONAL SERVICE SCHEME 240 UNIT 



ASSABAH ARTS AND SCIENCE COLLEGE

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Photos:





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DATE: 08/12/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON REGISTRATION PROGRAM FOR
VOLUNTEERS TO DIGI KERALAM PROGRAM

Date and Time	08/09/2024
Organized by	NSS 240 Unit
Target participants	NSS volunteers
Venue	Collage Library Hall

Details of the programme:

The NSS (National Service Scheme) 240 Unit of Assabah College organized a registration program to recruit volunteers for the Digi Keralam program. This initiative aims to assist the elderly population in Kerala by helping them adapt to and use digital technologies. By providing the necessary guidance and support, the program strives to ensure that senior citizens are not left behind in the digital age and are empowered to access essential online services.

In today's digital era, many elderly people face challenges in navigating technology, which limits their access to important digital services. To address this issue, the Digi Keralam program was launched as a state-wide initiative to assist senior citizens in becoming digitally literate. The NSS 240 Unit of Assabah College has committed to being an integral part of this program by training and deploying student volunteers to support the elderly in learning and utilizing digital platforms.

The registration program, held at Assabah College, aimed to enroll students who were enthusiastic about helping the elderly community through the Digi Keralam initiative. The event included a detailed briefing on the objectives of Digi Keralam, the volunteer roles, and the expected outcomes of their involvement. Interested students were required to complete a registration form, providing their contact details and availability for training and fieldwork.



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The registration process was smooth and well-organized. The students expressed strong interest in contributing to this noble cause. Volunteers were briefed on the importance of patience and empathy when working with elderly individuals, ensuring a supportive and positive experience for all participants. A total of [Number] volunteers successfully registered for the program, all eager to make a difference in the lives of senior citizens.

The NSS 240 Unit's volunteer registration for the Digi Keralam program marks the beginning of an impactful journey toward digital inclusion for the elderly. With the active participation of Assabah College students, this initiative is poised to make a significant contribution to Kerala's broader goal of ensuring that no one is left behind in the digital revolution. The college's NSS unit is proud to take part in this noble cause and looks forward to the positive impact it will bring to the community.

Poster:

ഡിജി കേരളം
മറ്റു സംസ്ഥാനങ്ങളിൽ നിന്ന്

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

**ഡിജി കേരളം
പരിപാടിയിൽ
നാഷണൽ സർവീസ് സ്കീം..
വോളന്റീർസ്
പങ്കാളികൾ ആകുന്നു**

.....

ഡിജി കേരളം
പരിപാടിയിൽ നിങ്ങൾക്കും പങ്കാളികളാകാം.
ഈ പരിപാടിയിൽ വോളണ്ടിയറാകുവാൻ സന്നദ്ധതയുള്ള
ഏതൊരു വ്യക്തിക്കും digikeralam.lsgkerala.gov.in
എന്ന വെബ്സൈറ്റിൽ കയറി രജിസ്റ്റർ ചെയ്യാവുന്നതാണ്.

കേരള സർക്കാർ

LSGD

തദ്ദേശ സ്വയം ഭരണ വകുപ്പ്, കേരള സർക്കാർ



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Photos:





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DATE: 08/17/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON INDEPENDENCE DAY PROGRAM

Date and Time	08/15/2024
Organized by	NSS 240 Unit
Target participants	NSS volunteers
Venue	Assabah Collage

Details of the programme:

The NSS 240 Unit of Assabah College organized an Independence Day program to commemorate the spirit of freedom and honor the sacrifices made by the leaders of our nation. The event was marked by a flag hoisting ceremony and various activities to engage students and staff in reflecting on the significance of India's independence.

Independence Day is a momentous occasion that celebrates the freedom of India from colonial rule, reminding citizens of the struggles and sacrifices made by our forefathers. The NSS 240 Unit of Assabah College took the initiative to commemorate this day with a meaningful program, fostering a sense of patriotism and national pride among the students and faculty.

The Independence Day program began with the official flag hoisting ceremony, followed by a series of cultural activities and speeches that reflected the importance of the day. The ceremony was attended by the college staff, students, and NSS volunteers, all of whom participated with great enthusiasm.

The highlight of the event was the flag hoisting ceremony, which was conducted by Dr. Baiju MK, Vice Principal of Assabah College. The ceremony began at [time] with the hoisting of the national flag, accompanied by the national anthem sung by the students and staff. The flag hoisting symbolized the pride and unity of the nation.



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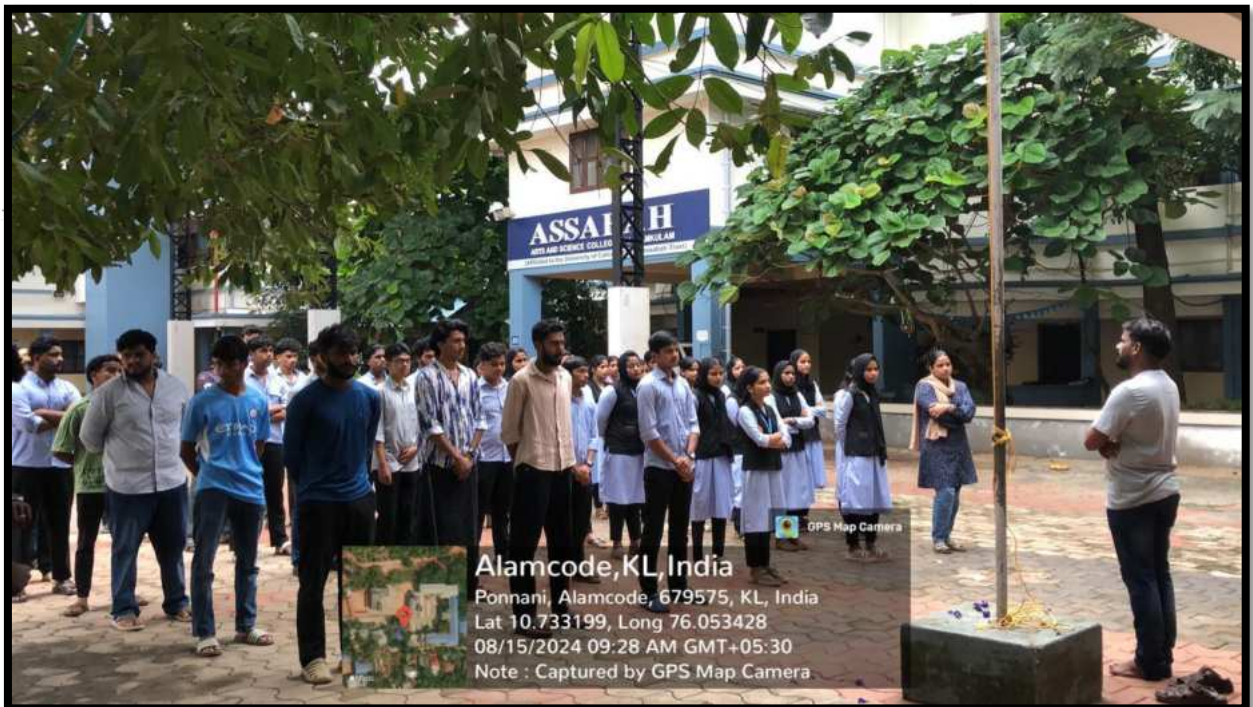
Valayamkulam, P.O. Kokkur-679591, Malappuram Dist

The event also included speeches by students and faculty members who shared their views on the importance of freedom and national integrity. They spoke about how Independence Day is not only a celebration of the past but also a reminder of the present and future responsibilities that every citizen must uphold. The collective message emphasized unity, progress, and social responsibility.

The Independence Day program organized by the NSS 240 Unit of Assabah College was a success in fostering a sense of patriotism and national pride among the college community. The flag hoisting ceremony, cultural activities, and speeches served as a reminder of the sacrifices made for India's freedom and the collective duty of citizens to contribute to the nation's development.

The event concluded with a vote of thanks to all the participants, including the NSS volunteers, faculty members, and students, for their active participation and support in making the program a memorable and impactful occasion.

Photos:





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GPS Map Camera
Alamcode, KL, India
Ponnani, Alamcode, 679575, KL, India
Lat 10.733201, Long 76.053392
08/15/2024 09:25 AM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera
Alamcode, KL, India
Ponnani, Alamcode, 679575, KL, India
Lat 10.733189, Long 76.053653
08/15/2024 09:25 AM GMT+05:30
Note : Captured by GPS Map Camera



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DATE: 08/24/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON LEGAL AWARENESS CLASS ON ANTI-RAGGING

Date and Time	08/22/2024
Organized by	NSS 240 Unit
Target participants	NSS volunteers & Peer Group Members
Venue	Collage Conference Hall

Details of the programme:

The NSS 240 Unit of Assabah College organized a legal awareness class focusing on the issue of ragging, its legal implications, and the measures students can take to prevent and report such incidents. The session was conducted by Adv. Noushad P, an experienced legal professional, who provided valuable insights into anti-ragging laws and student rights.

Ragging is a serious issue that affects the safety and well-being of students across educational institutions. To address this problem and raise awareness about the legal aspects surrounding it, the NSS 240 Unit of Assabah College hosted a class aimed at educating students on the consequences of ragging and the legal framework in place to combat it. The session was conducted by Adv. Noushad P, a legal expert specializing in student rights and anti-ragging laws.

The legal awareness class was attended by a large number of students, including NSS volunteers and other members of the college community. The session provided an in-depth understanding of ragging, its definition, the severe psychological and physical impact it can have on victims, and the steps students can take to prevent and address ragging incidents. Adv. Noushad P engaged with the students through an interactive presentation, followed by a question-and-answer session to clarify doubts and concerns.



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Towards the end of the class, students were encouraged to ask questions and share their thoughts. Several students raised concerns about how to deal with potential ragging situations and how to report them discreetly.

The legal awareness class on anti-ragging was an eye-opening session for all participants. It helped foster a deeper understanding of the legal aspects of ragging and empowered students with the knowledge and tools to prevent and combat this issue. The session concluded with Adv. Noushad P emphasizing the importance of creating a respectful and inclusive environment on campus, where every student feels valued and safe.

Poster:

 Under the aegis of
NALSA
District Legal Services Authority, Manjeri
Taluk Legal Services Committee, Ponnani

LEGAL AWARENESS CLASS

**ANTI RAGGING
AWARENESS**



Venue:
**ASSABAH ARTS & SCIENCE
COLLEGE, VALAYAMKULAM**

Speaker
Adv. Noushad. P
(Panel Member, TLSC Ponnani)

"Access to Justice for all"

22-08-2024
02:30 PM



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DATE: 09/06/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON THE INAUGURATION OF "PACHATHURUTHU" PROJECT

Date and Time	09/04/2024
Organized by	NSS 240 Unit
Target participants	NSS volunteers
Venue	Collage sports complex area

Details of the programme:

The "Pachathuruthu" project was initiated at Assabah College under the leadership of the Haritha Kerala Mission, in collaboration with the Alankode Panchayat and the NSS Unit of Assabah College. The primary objective of the project is to enhance the green cover and promote environmental sustainability through collective action from the community, educational institutions, and local governance bodies.

In line with Kerala's mission to promote environmental sustainability, the "Pachathuruthu" project aims to increase the green cover in the region by planting trees, maintaining local biodiversity, and fostering eco-friendly practices within the community. The inauguration of this initiative was marked by a grand ceremony held at Assabah College, which was attended by various dignitaries from the local panchayat, Haritha Kerala Mission, and Assabah College.

The inauguration ceremony began with a warm welcome speech by Abdul Rahman P., the NSS Program Officer at Assabah College, who introduced the significance of the "Pachathuruthu" project. He highlighted the importance of collaboration among different community stakeholders to achieve environmental sustainability.

VK Shaheer, the President of the Alangode Grama Panchayat, officially inaugurated the project by unveiling the project banner and planting the first sapling, symbolizing the beginning of the green initiative. His address emphasized the vital role of local communities in preserving the environment and ensuring a cleaner, greener future for generations to come.



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The event was presided over by MN Muhammad Koya, the Principal of Assabah College. He commended the efforts of the Haritha Kerala Mission, the Alangode Panchayat, and the NSS Unit for coming together to initiate this crucial project. His speech underscored the importance of environmental education and how the youth should lead efforts in environmental conservation.

The inauguration of the "Pachathuruthu" project at Assabah College marks a significant step toward environmental sustainability. The collaboration between the Haritha Kerala Mission, the Alangode Panchayat, and the NSS Unit of Assabah College reflects the importance of collective action in addressing environmental challenges. The project will not only enhance the green cover in the region but also inspire future generations to take responsibility for preserving the environment.

The event concluded with a vote of thanks, acknowledging the contributions of all the dignitaries, participants, and volunteers who made the event a success. The "Pachathuruthu" project is poised to make a lasting impact on the community, fostering a culture of environmental consciousness and sustainability.



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Poster:

pre-ve

ആലങ്കോട് ഗ്രാമപഞ്ചായത്തും ഹരിത കേരളം മിഷനും അസ്സബാഹ് എൻ. എസ്. എസ് 240 യൂണിറ്റും സംസൗകര്യമായി നിർമ്മിക്കുന്ന

പച്ചത്തുരുത്തിന്റെ ഉദ്ഘാടനം

04-09-2024 Wednesday, 11 AM

☛ അസ്സബാഹ് കോളേജ് ബാസ്കറ്റ്ബോൾ കോർട്ട് പരിസരം

ഉദ്ഘാടനം : **അധ്യക്ഷൻ :**

ഷഹീർ കെ. വി
(ആലങ്കോട് ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ്)

മുഹമ്മദ് കോയ എം എൻ
(പ്രിൻസിപ്പാൾ അസ്സബാഹ് കോളേജ്)



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Photos:





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News report:



നവകേരളം വാർത്ത

നവംബർ 2024 നവംബർ വാല്യം 1

ഓൺലൈൻ വായനയ്ക്ക്



41

കേരളപിനവിദിനത്തിൽ ഹരിതപ്രഖ്യാപനങ്ങൾ നടത്തി സംസ്ഥാനം

ആലംകോട് ഗ്രാമപഞ്ചായത്തിൽ പച്ചത്തുരുത്ത് പദ്ധതിക്ക് തുടക്കമായി

ഹരിതകേരളം മിഷന്റെ ആഭിമുഖ്യത്തിൽ മലപ്പുറം ആലംകോട് പഞ്ചായത്തും, അസ്സബാഹ് കോളേജ്



എൻ.എസ്.എസ് യൂണിറ്റും സംയുക്തമായി അസ്സബാഹ് കോളേജിൽ പച്ചത്തുരുത്ത് പദ്ധതിക്ക് തുടക്കം കുറിച്ചു. ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് വി.കെ. ഷഹീർ പദ്ധതിയുടെ ഉദ്ദേശ്യം നിർവഹിച്ചു. അസ്സബാഹ് കോളേജ് എൻ.എസ്.എസ്. പ്രോഗ്രാം ഓഫീസർ അബ്ദുൽ റഹ്മാൻ പി. സ്വാഗതം പറഞ്ഞ ചടങ്ങിൽ കോളേജ് പ്രിൻസിപ്പൽ എം എൻ മുഹമ്മദ് കോയ അധ്യക്ഷത വഹിച്ചു. നിലവിൽ 10 സെന്റ് സ്ഥലത്താണ് പച്ചത്തുരുത്ത് ഒരുക്കിയിരിക്കുന്നത്. പലവൃക്ഷ തൈകളായ റംബൂട്ടാൻ, ചാമ്പ, അരിനെല്ലി, മാവ്, പ്ലാവ്, സീതപഴച്ചെടി തുടങ്ങിയ 25 തൈകളാണ് നട്ടിരിക്കുന്നത്.



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DATE: 09/06/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON TEACHERS' DAY CELEBRATION

Date and Time	09/05/2024
Organized by	NSS 240 Unit & INDIA Students union
Target participants	Teachers
Venue	Assabah Collage

Details of the programme:

The NSS 240 Unit of Assabah College celebrated Teachers' Day on 5th September to honor and express gratitude to the faculty members for their dedication, hard work, and contribution to shaping the future of students. The day was marked by a small but meaningful celebration involving the distribution of sweets and heartfelt messages for the teachers.

Teachers' Day, celebrated on 5th September each year in India, is a day dedicated to honoring the contributions of teachers to the education and personal development of students. On this occasion, the NSS 240 Unit of Assabah College organized a simple yet special celebration to appreciate the efforts of the teaching staff and show gratitude for their role in shaping young minds.

The Teachers' Day celebration at Assabah College was organized with the active participation of NSS volunteers. The celebration began with the distribution of sweets to all faculty members as a token of appreciation. The volunteers also took this opportunity to convey personal messages of thanks and admiration to their teachers.

The teachers were presented with small cards containing thoughtful messages written by the students, expressing their respect and gratitude for the positive impact teachers have had on their lives and education.



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The Teachers' Day celebration organized by the NSS 240 Unit of Assabah College was a simple yet heartfelt gesture to show appreciation for the hard work and dedication of the teaching faculty. The event fostered a sense of gratitude and respect among students and provided a moment for teachers to feel valued. It was a reminder of the critical role that teachers play in shaping the future of students and the nation.

The NSS volunteers and the entire college community came together to make this Teachers' Day celebration a memorable and meaningful one. The event concluded with a vote of thanks to all the teachers for their continued support, guidance, and inspiration.

Thanks Giving Letter

SEP 05 *Teachers Day*


A teacher is not merely a person who imparts knowledge, but someone who ignites curiosity, sparks creativity, and instills the courage to dream big.


Your guidance extends beyond the classroom, helping us navigate not only academic lessons but also the challenges of life.

You inspire us to push our boundaries, believe in our abilities, and pursue our passions with unwavering confidence.

Thank you for being a constant source of inspiration and support. Your impact on our lives is profound and enduring,

INDIA
ASSABAH ARTS AND SCIENCE COLLEGE
STUDENTS UNION 2023 - 24

 **NSS
240 UNIT**





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DATE: 10/06/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SWACHHTA HI SEVA CAMPAIGN

Date and Time	10/02/2024
Organized by	NSS 240 Unit MTM college veliyamkode
Target participants	Public
Venue	Ponnani beach

Details of the programme:

As part of the nationwide initiative Swachhta Hi Seva (Cleanliness is Service), the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, in collaboration with the NSS unit of MTM College, Veliyamcode, organized a large-scale beach cleaning drive on October 2, 2024, at Ponnani Beach. The event aimed to raise environmental awareness and promote public cleanliness, aligning with the Swachh Bharat Mission's objectives set by the Government of India. With over 100 NSS volunteers participating, the campaign focused on cleaning the beach, a popular local spot that had accumulated significant plastic waste and debris. Volunteers worked meticulously to collect, segregate, and properly dispose of the waste in coordination with local authorities.

The event was inaugurated by Madhusudhanan, Coastal Sub-Inspector of Ponnani, who stressed the importance of maintaining cleanliness in public spaces, especially beaches, to ensure environmental sustainability. His address emphasized the social and environmental impact of such initiatives, calling on students and the community to actively participate in preserving public areas. The volunteers, guided by staff coordinators, undertook the cleaning with dedication, collecting non-biodegradable waste such as plastic bottles, wrappers, and discarded fishing nets. The collected waste was handed over to local waste management services, ensuring proper disposal.



ASSABAH ARTS AND SCIENCE COLLEGE

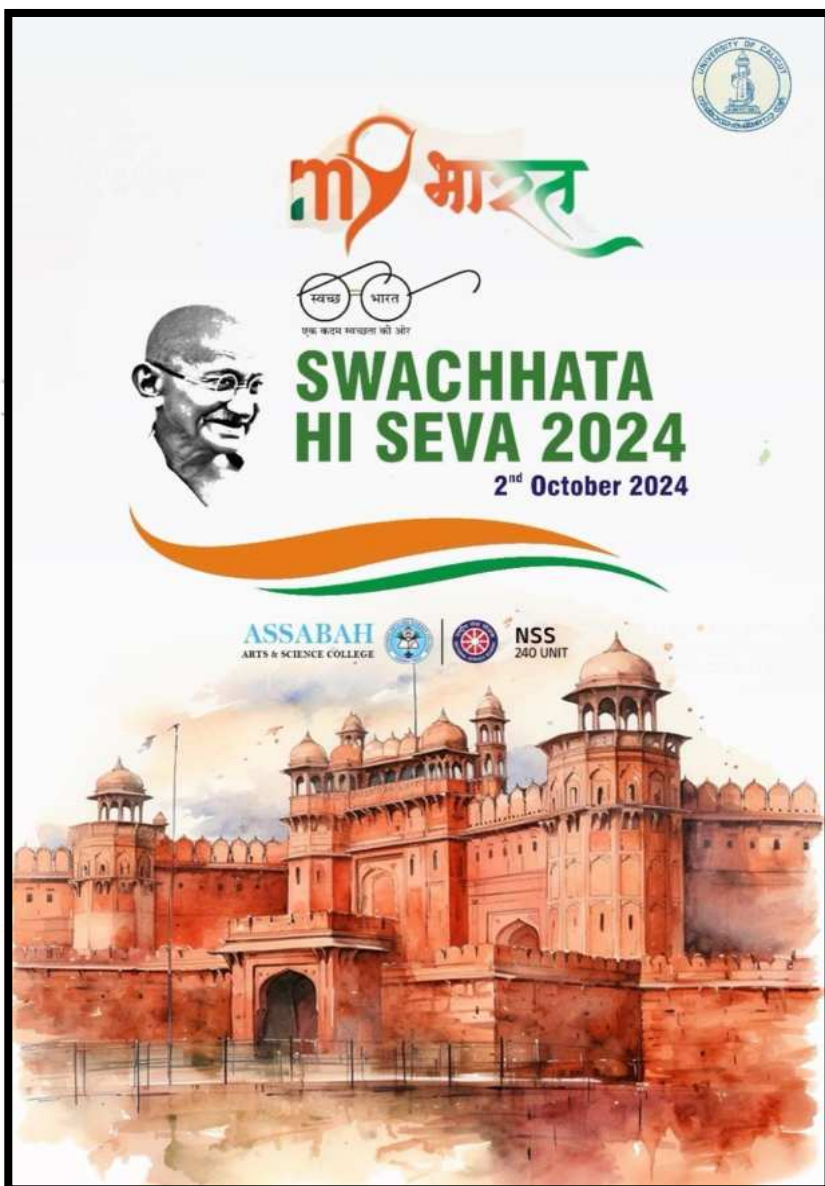
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The cleaning drive also resonated with the public as several beachgoers joined the effort spontaneously, inspired by the volunteers' commitment. Additionally, NSS members engaged with the public, educating them on the harmful effects of littering and the significance of maintaining clean, natural spaces. Media coverage further amplified the initiative's message, reaching a broader audience and fostering greater community involvement. The successful campaign not only beautified Ponnani Beach but also instilled a sense of civic responsibility among participants and the local population. This collective effort exemplifies the potential for sustained change when institutions, local authorities, and citizens work together towards the common goal of environmental cleanliness and sustainability.

Poster:





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Photos:





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DATE: 11/16/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON WALKATHON ON HEART DAY

Date and Time	11/14/2024
Organized by	Orchid hospital & NSS 240 Unit
Target participants	NSS Volunteers
Venue	Changaramkulam bus stop to Assabah Collage

Details of the programme:

On November 14th, 2024, the Assabah NSS 240 Unit organized a walkathon in observance of Heart Day. This event aimed to raise awareness about heart health and encourage the community to adopt healthier lifestyles. The walkathon was flagged off by Suresh Kumar, the Sub Inspector of Changaramkulam, who supported the initiative by participating and endorsing its significance.

The walkathon commenced in the morning, with a large number of participants, including students, faculty, and local community members. The participants gathered at the starting point, where Suresh Kumar addressed the crowd and highlighted the importance of maintaining heart health through regular exercise, proper diet, and stress management.

The walkathon was officially flagged off by Suresh Kumar, who emphasized that heart disease is a leading cause of health problems globally and underscored the importance of such initiatives in spreading awareness. His presence not only added importance to the event but also inspired participants to walk for a cause.

The walkathon was a resounding success, with an enthusiastic turnout and positive participation. The event not only helped raise awareness but also fostered a sense of community involvement. Health experts were present at the event to provide guidance and share heart-healthy tips with the participants. The community's support and participation underscored the growing importance of heart health awareness.



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The Assabah NSS 240 Unit's walkathon on Heart Day was an important step in promoting cardiovascular health and educating the public on simple practices for maintaining a healthy heart. The presence of Suresh Kumar, Sub Inspector of Changaramkulam, added a sense of responsibility and relevance to the cause, motivating individuals to prioritize their well-being. The event proved to be a success, and it is hoped that such initiatives will continue to inspire positive change in the community.

Poster:

P.C.N.G.H.S.S MOOKKUTHALA

ASSABAH ARTS & SCIENCE COLLEGE NSS 240 UNIT

WALKATHON

Walkathon FlagOff

Suresh Kumar
Sub-Inspector
Changaramkulam PS

Love your **HEALTH** Join The **WALK**

14th Nov 2024, Thursday 9.00 AM Onwards
At Changaramkulam Bustand To Orchid Hospital



ASSABAH ARTS AND SCIENCE COLLEGE

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Run by Assabah Association Trust

Valayamkulam, P.O. Kokkur-679591, Malappuram Dist

Photos:





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Valayamkulam, P.O. Kokkur-679591, Malappuram Dist

DATE: 11/18/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SWACH BHARAT CLEANING PROGRAM

Date and Time	11/16/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Changaramkulam (state highway)

Details of the programme:

On November 16th, 2024, the Assabah NSS 240 Unit conducted a Swach Bharat cleaning program as part of its ongoing efforts to promote cleanliness and environmental awareness in the community. The program focused on cleaning the roadside footpaths near the state highway, an area often prone to littering and environmental degradation. The initiative aimed to encourage civic responsibility and contribute to a cleaner, healthier environment.

The program began in the early morning, with volunteers gathering at the designated starting point. The Assabah NSS 240 Unit coordinated the event, ensuring all participants were equipped with the necessary cleaning tools, including gloves, garbage bags, and other waste disposal materials.

Volunteers actively participated in cleaning the footpaths along the state highway, focusing on collecting waste materials such as plastic, paper, and other forms of litter. The team worked efficiently to remove waste from the area, ensuring that the footpaths were free of debris and more accessible to pedestrians. This effort not only cleaned the area but also helped in raising awareness about the importance of maintaining clean public spaces.

The primary objective of the Swachh Bharat cleaning program was to contribute to the national cleanliness campaign by participating in local cleanliness drives. By targeting areas like the roadside footpaths near the state highway, the event aimed to prevent further environmental damage and foster a sense of civic duty among the public.



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The program proved to be a great success, with a significant amount of waste being collected and properly disposed of. Volunteers were able to clear a large portion of the footpaths, making the area cleaner and safer for pedestrians. The event also brought together people from different walks of life, reinforcing the spirit of collective action for a cleaner environment.

The Swach Bharat cleaning program conducted by the Assabah NSS 240 Unit on November 16th, 2024, was an important initiative that contributed positively to the community's environmental health. The efforts of the volunteers in cleaning the roadside footpaths near the state highway demonstrated the impact of grassroots action on improving public spaces. The event was not only successful in terms of cleanliness but also helped raise awareness about the importance of maintaining a clean environment for the benefit of all.

Photos:





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DATE: 12/15/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SWACH BHARAT CLEANING PROGRAM
AT PRIMARY HEALTH CENTER, ALAMKODE

Date and Time	12/13/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Primary Health Center, Alamkode

Details of the programme:

On December 13th, 2024, the Assabah NSS 240 Unit organized a Swachh Bharat cleaning program at the Primary Health Center (PHC) in Alamkode. This initiative was part of the ongoing Swachh Bharat Abhiyan, a nationwide cleanliness drive aimed at promoting hygiene, sanitation, and environmental awareness. The volunteers focused on cleaning the PHC premises to ensure a safe and clean environment for both healthcare workers and patients.

The event began early in the morning, with NSS volunteers gathering at the PHC. The volunteers were provided with cleaning supplies such as gloves, cleaning agents, garbage bags, and brooms. The team was organized into smaller groups to efficiently clean different sections of the health center, including the waiting areas, corridors, outdoor spaces, and waste disposal areas.

The volunteers worked diligently to remove waste materials, including plastic, paper, and other non-biodegradable items, from the premises. Special attention was given to areas that are often overlooked, such as behind the buildings and around the waste disposal bins. The outdoor spaces around the health center, including the pathways and gardens, were also tidied up to create a more pleasant and hygienic environment. The primary goal of this Swachh Bharat cleaning program was to improve the cleanliness and sanitation of the Primary Health Center, making it a more conducive place for both patients and staff.



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The cleaning program was a resounding success, with a significant amount of waste being removed and disposed of responsibly. Volunteers were able to clean the entire PHC premises, ensuring a healthier and more pleasant environment for the healthcare workers and the patients who visit the center. The event also served as a platform for community engagement, as several locals participated and expressed their appreciation for the volunteers' efforts.

The Swachh Bharat cleaning program at the Primary Health Center in Alamkode was a valuable contribution to the community's health and hygiene. The event demonstrated the positive impact of collective action and the importance of cleanliness in healthcare facilities. The Assabah NSS 240 Unit's initiative not only improved the PHC's environment but also contributed to raising awareness about the need for sustainable sanitation practices.

Photos:





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DATE: 12/29/2024

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SEVEN-DAY SPECIAL CAMPING PROGRAMME

Date and Time	12/21/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	GUP School, Korattikkara

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, successfully conducted a Seven-Day Special Camping Programme from December 21 to 27, 2024, at GUP School, Korattikkara, under the My Bharat Mission. The theme of the camp was “Youth for My Bharat, Youth for Sustainable Development.”

The inaugural ceremony was graced by Sathyan, President of Kadavallur Grama Panchayath, who officially inaugurated the camp. The event was attended by college authorities, NSS volunteers, and local dignitaries.

Throughout the seven days, various activities were organized, including community development projects, awareness campaigns, environmental protection initiatives, and skill development sessions. Volunteers actively participated in cleaning drives, tree plantation, and awareness programs on sustainable living and social responsibility. Interactive sessions and workshops on leadership, teamwork, and personal development were also conducted.

The camp provided an excellent platform for NSS volunteers to engage with the community and contribute to the vision of a sustainable and self-reliant society. The program concluded on December 27 with a valedictory function, where participants shared their experiences and expressed their commitment to continuing their service towards nation-building.



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Poster:

युवा कार्यक्रम एवं खेल मंत्रालय
MINISTRY OF YOUTH AFFAIRS AND SPORTS

Digital India
Power To Empower

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

UNIVERSITY OF CALICUT
CALICUT UNIVERSITY

SUCHITWA MISSION
LOCAL SELF GOVERNMENT DEPARTMENT KERALA

Youth for my Bharath,
for Sustainable development

NSS SPECIAL CAMPING PROGRAMME **UNIT 240**

2024 DECEMBER 21-27
@ GUP SCHOOL KORATTIKARA

ASSABAH ARTS AND SCIENCE COLLEGE
Valayamkulam P.O. Kokkur, Malappuram Dt, Kerala



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Program chart

<p>24-12-2024 - ചൊവ്വ</p> <p>5:30 AM : ഉണരൽ 6:00 AM - 7:00 AM : സ്വായം 7:00 AM - 8:00 AM : അസംബ്ലി, ഗീതം, സന്ദേശം, പത്രപ്രകാശനം 8:00 AM - 12:30 PM : പ്രൊജക്ട് (തോർ ശുചീകരണം/ബണ്ട് നിർമ്മാണം) പ്രാർത്ഥന പ്രൊജക്ട് നടത്തുന്ന സ്ഥലത്ത് 1:00 PM - 2:00 PM : ഉച്ചഭക്ഷണം 2:00 PM - 4:00 PM : സാമ്പത്തിക പരിചരണവും സാമൂഹിക പങ്കാളിത്തവും (കാർഷ്യം പാലിയേറ്റീവ് കെയർ, ഷണർ-കുളി) 4:00 PM - 4:30 PM : വൈകുന്നേരം ചായ 4:30 PM - 6:00 PM : കളി മത്സരം 6:30 PM - 8:00 PM : ഡോക്യുമെന്ററി പ്രദർശനം 8:00 PM - 8:30 PM : കലാപരിപാടി 8:30 PM - 9:30 PM : അത്താഴം 9:30 PM - 10:00 PM : അവലോകനം 10:00 PM : ഉറക്കം</p> <p>25-12-2024 - ബുധൻ</p> <p>5:30 AM : ഉണരൽ 6:00 AM - 7:00 AM : സ്വായം 7:00 AM - 8:00 AM : അസംബ്ലി, ഗീതം, സന്ദേശം, പത്രപ്രകാശനം 8:00 AM - 9:00 AM : പ്രാർത്ഥന 9:00 AM - 12:30 PM : പ്രൊജക്ട് 1:00 PM - 2:00 PM : ഉച്ചഭക്ഷണം 2:00 PM - 4:00 PM : യോഗ ആരോഗ്യവും സാംസ്കാരികവും (ശാരദ നമ്പൂതിരി) 4:00 PM - 4:30 PM : വൈകുന്നേരം ചായ 4:30 PM - 6:00 PM : നാടൻ കളികൾ 6:30 PM - 8:00 PM : ക്രിസ്തുമസ് ഊണ് 2024 8:00 PM - 8:30 PM : കലാപരിപാടി 8:30 PM - 9:30 PM : അത്താഴം 9:30 PM - 10:00 PM : അവലോകനം 10:00 PM : ഉറക്കം</p>	<p>26-12-2024 - വ്യാഴം</p> <p>5:30 AM : ഉണരൽ 6:00 AM - 7:00 AM : സ്വായം 7:00 AM - 8:00 AM : അസംബ്ലി, ഗീതം, സന്ദേശം, പത്രപ്രകാശനം 8:00 AM - 9:00 AM : പ്രാർത്ഥന 9:00 AM - 12:30 PM : പ്രൊജക്ട് (അടുക്കള തോട്ടം നിർമ്മാണം) 1:00 PM - 2:00 PM : ഉച്ചഭക്ഷണം 2:00 PM - 4:00 PM : യോഗ ബോധരണ / എയ്ഡ്സ് ബോധവൽക്കരണം / വൈകുന്നേരം ചായ 4:00 PM - 4:30 PM : നാടൻ കളികൾ 4:30 PM - 6:00 PM : വൈകുന്നേരം ചായ 6:30 PM - 8:00 PM : ദുരന്തനിവാരണ ബോധവൽക്കരണം 8:00 PM - 8:30 PM : കലാപരിപാടി 8:30 PM - 9:30 PM : അത്താഴം 9:30 PM - 10:00 PM : അവലോകനം 10:00 PM : ഉറക്കം</p> <p>27-12-2024 - വെള്ളി</p> <p>5:30 AM : ഉണരൽ 6:00 AM - 7:00 AM : സ്വായം 7:00 AM - 8:00 AM : അസംബ്ലി, ഗീതം, സന്ദേശം, പത്രപ്രകാശനം 8:00 AM - 9:00 AM : പ്രാർത്ഥന 9:00 AM - 12:30 PM : ക്യാമ്പ് പരിസര ശുചീകരണം സമാപന സമ്മേളനം</p> <p style="text-align: center;"> ASSABAH ARTS & SCIENCE COLLEGE P.O. Kokkur, Valayamkulam, Kerala 679591 assabahasc@gmail.com</p>	<p>നാഷണൽ സർവ്വീസ് സ്കീം യൂണിറ്റ് നമ്പർ : 240 കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി</p> <p></p> <p>സ്വയം വികസനത്തിനായി എൻ. എസ്. എസ്. യൂവാർ</p> <p>നിർമ്മാർത്ഥ</p> <p>സർവ്വീസ് സഹവാസ ക്യാമ്പ്</p> <p>2024 ഡിസംബർ 21-27 ജി. യു. പി സ്കൂൾ കൊടുക്കുര</p> <p>ശ്രദ്ധാനം ബോധവൽക്കരണം ഡോക്യുമെന്ററി പ്രദർശനം കലാപരിപാടികൾ ആസ്വാദനം</p> <p>ചർച്ച</p>
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<p>സുഹൃത്തേ,</p> <p>അസ്സാലാമു അലൈക്കും & സലാമു അലൈക്കും N55 240 യൂണിറ്റിന്റെ ആഭിമുഖ്യത്തിൽ ഈ വർഷത്തെ സർവ്വീസ് സഹവാസ ക്യാമ്പ് കൊടുക്കുര ഗ്രാമപഞ്ചായത്തിലെ കൊടുക്കുര ജി. യു. പി സ്കൂളിൽ 2024 ഡിസംബർ 21 മുതൽ 27 വരെ നടത്തുകയാണ്.</p> <p>My Bharath മിഷന്റെ ഭാഗമായി Youth for my Bharath, Youth for Sustainable development എന്ന ലക്ഷ്യത്തോടെ തോർ നവീകരണം, ബോധവൽക്കരണം, ആരോഗ്യ ബോധവൽക്കരണ പ്രവർത്തനങ്ങൾ അങ്ങനെയുള്ള പ്രവർത്തനങ്ങളായി പരിപാടികളാണ് ഈ വർഷം ക്യാമ്പിനോട് അനുബന്ധിച്ച് നടക്കുന്നത്.</p> <p>ക്യാമ്പിൽ കലാപരിപാടികൾ, ബോധവൽക്കരണ ക്യാമ്പുകൾ, ചർച്ചകൾ, ഡോക്യുമെന്ററി പ്രദർശനം, ശുചീകരണ പ്രവർത്തനങ്ങൾ തുടങ്ങിയവ സംഘടിപ്പിക്കുന്നതാണ്. 50-ഓളം വളർച്ചയർക്കാർ പങ്കെടുക്കുന്ന ഈ ക്യാമ്പ് വിജയിപ്പിക്കുന്നതിനായി ഏവരുടെയും സഹായ സഹകരണങ്ങൾ പ്രാർത്ഥിക്കുന്നു.</p> <p>മുപതേർ കോയ. എം.എൻ (പ്രിൻസിപ്പാൾ)</p> <p>അസ്സാലാമു അലൈക്കും (പ്രൊഫ്രം ഓഫീസർ) 89076 82292 ഫർഹാന (വളർച്ചയർ സൂപ്പർവൈസർ) 77360 14017</p>	<p>കാർഷ്യം പരിപാടികൾ</p> <p>21-12-2024 - ശനി</p> <p>രാവിലെ 8:30 മുതൽ 9:30 വരെ ക്യാമ്പ് രജിസ്ട്രേഷൻ രാവിലെ 9:30 മുതൽ 10:30 വരെ ക്യാമ്പ് ഒരുക്കം രാവിലെ 11:00 മുൻപായി ചടങ്ങിന്</p> <p>എൻ.എസ്.എസ്. ഗീതം സ്വാഗതം : അസ്സാലാമു അലൈക്കും .പി (അസ്സാലാമു അലൈക്കും) അദ്ധ്യക്ഷൻ : പ്രൊഫ്രം. എൻ.എം. മുഹമ്മദ് കോയ (പ്രിൻസിപ്പാൾ അസ്സാലാമു അലൈക്കും) ഉദ്ഘാടനം : പി.എ. രാജേഷ് (പ്രൊഫ്രം കൺവെൻ്റർ ഗ്രാമപഞ്ചായത്ത്) ആശംസകൾ : ശ്രീമതി. നിർമ്മല എൻ.എൻ. (സെനിയർ കൺവെൻ്റർ ഗ്രാമപഞ്ചായത്ത്) ശ്രീമതി. അനീത ദത്തം വാർഡ് കൺവെൻ്റർ ഗ്രാമപഞ്ചായത്ത്) ശ്രീമതി. ജി.പി. വി. പി.എ. (പ്രൊഫ്രം കൺവെൻ്റർ) ശ്രീ. അരുൺ വി. നായർ (PFA പ്രിൻസിപ്പാൾ ഗവൺമെന്റ് കൊടുക്കുര) ശ്രീ.പി.പി.എം. അഷ്റഫ് (സെനിയർ കൺവെൻ്റർ) ശ്രീ. മുഹമ്മദുല്ലാഹി ഹാജി (സെനിയർ കൺവെൻ്റർ) ശ്രീ. കുഞ്ഞുമുഹമ്മദ് ഷഹാബ് (സെനിയർ കൺവെൻ്റർ) കൺവെൻ്റർ വിഭാഗത്തിൽ (അസ്സാലാമു അലൈക്കും) ശ്രീ. രാജേഷ് കണ്ണൻ പി.പി (സൂപ്പർ കൺവെൻ്റർ) മുഹമ്മദ് സുബൈൻ (സെനിയർ കൺവെൻ്റർ) നാദി : മുഹമ്മദ് അസീസ് (സെനിയർ കൺവെൻ്റർ) നാദി : മോൻ (അസ്സാലാമു അലൈക്കും) ഫർഹാന (N55 വളർച്ചയർ സൂപ്പർവൈസർ)</p> <p>01:00 PM : ഉച്ചഭക്ഷണം 02:00 PM : റെഗ്നൽ ബേക്കിംഗ് 03:00 PM : ക്യാമ്പ് റെഗ്നൽ</p>	<p>22-12-2024 - ഞായർ</p> <p>8:00 AM - 9:00 AM : അസംബ്ലി, ഗീതം, 9:00 AM - 12:30 PM : പ്രൊജക്ട് (ബോധവൽക്കരണം / നിർമ്മാണം / പ്രൊജക്ട് പ്രദർശനം) 1:00 PM - 2:00 PM : ഉച്ചഭക്ഷണം 2:30 PM - 4:00 PM : Financial Awareness Programme Manu Murali (SEBI SMARTS Trainer) 4:00 PM - 4:30 PM : വൈകുന്നേരം ചായ 4:30 PM - 6:00 PM : കളി മത്സരം 6:30 PM - 8:00 PM : "ലഹരി രഹിത ജീവിതം, നിത്യപരിശീലനം" പ്രമോർ പി പി (എൻ.എസ്.എസ്. ഓഫീസർ) 8:00 PM - 8:30 PM : കലാപരിപാടി 8:30 PM - 9:30 PM : അത്താഴം 9:30 PM - 10:00 PM : അവലോകനം 10:00 PM : ഉറക്കം</p> <p>23-12-2024 - തിങ്കൾ</p> <p>5:30 AM : ഉണരൽ 6:00 AM - 7:00 AM : സ്വായം 7:00 AM - 8:00 AM : അസംബ്ലി, ഗീതം, സന്ദേശം, പത്രപ്രകാശനം 8:00 AM - 12:30 PM : പ്രൊജക്ട് (തോർ ശുചീകരണം/ബണ്ട് നിർമ്മാണം) പ്രാർത്ഥന പ്രൊജക്ട് നടത്തുന്ന സ്ഥലത്ത് 1:00 PM - 2:00 PM : ഉച്ചഭക്ഷണം 2:00 PM - 4:00 PM : നിങ്ങളുടെ ഏറ്റവും മോശമായ വശത്തെ ഏറ്റെടുക്കുന്ന മനോഹര (അക്വിഫിംഗ്, ബോധവൽക്കരണം) 4:00 PM - 4:30 PM : വൈകുന്നേരം ചായ 4:30 PM - 6:00 PM : കളി മത്സരം 6:30 PM - 8:00 PM : Envelope Making (ശ്രീമതി. ഷീമ സലീം) 8:00 PM - 8:30 PM : കലാപരിപാടി 8:30 PM - 9:30 PM : അത്താഴം 9:30 PM - 10:00 PM : അവലോകനം 10:00 PM : ഉറക്കം</p>
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Inauguration:



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DATE: 01/03/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON SUPPORT FOR KARUNYAM
PALLIATIVE CARE, CHANGARAMKULAM

Date and Time	12/29/2024
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	GUP School, Korattikkara

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, extended its support to Karunyam Palliative Care, Changaramkulam, by assisting in the preparation of fund collection letters for their palliative care initiatives. This effort was aimed at mobilizing financial resources to support patients suffering from chronic illnesses, ensuring they receive the necessary medical and emotional care.

The Karunyam Palliative Care Center provides essential healthcare services to terminally ill patients, including home-based medical support, counseling, and medication assistance. To sustain these services, the organization relies on public donations and financial contributions. Recognizing the importance of this mission, NSS volunteers actively participated in drafting and organizing appeal letters for fundraising.

The fund collection letter initiative was a valuable contribution to the Karunyam Palliative Care Center's mission. The NSS Unit 240 of Assabah Arts and Science College remains committed to supporting social welfare programs and looks forward to participating in similar initiatives that make a meaningful impact on society.



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DATE: 01/3/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON ROAD SAFETY AWARENESS PROGRAM

Date and Time	01/02/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Perumpilav town

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, conducted a Road Safety Awareness Program at Perumpilav in collaboration with Kunnamkulam Police Station. The initiative aimed to educate the public, especially drivers, about the importance of following road safety measures to prevent accidents and ensure a safer road environment.

The awareness campaign was organized under the guidance of NSS Program Officers and was actively supported by officers from Kunnamkulam Police Station. The event saw enthusiastic participation from NSS volunteers, who took the responsibility of spreading awareness among motorists, pedestrians, and the general public.

Volunteers engaged directly with motorists, including car, auto-rickshaw, and two-wheeler drivers, informing them about essential road safety measures. The importance of wearing helmets and seat belts, following traffic rules, avoiding mobile phone usage while driving, and maintaining speed limits were emphasized. Informative pamphlets containing crucial road safety guidelines were distributed among drivers and commuters. The pamphlets highlighted statistics on road accidents, penalties for traffic rule violations, and tips for responsible driving. Officers from Kunnamkulam Police Station addressed the gathering and explained various traffic rules and regulations. They also provided insights into how reckless driving, drunk driving, and violation of road rules lead to accidents and legal consequences.



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The Road Safety Awareness Program successfully educated a large number of motorists and pedestrians at Perumpilav. The initiative helped instill a sense of responsibility among drivers, encouraging them to adopt safer driving habits. The collaboration with the Kunnamkulam Police added credibility and effectiveness to the campaign, ensuring that the message reached the public with greater impact.

The program concluded with a vote of thanks to all participants, including the police officials, NSS volunteers, and the public, for their cooperation and active involvement.

The NSS Unit of Assabah Arts and Science College remains committed to organizing such awareness programs in the future to contribute to the well-being of society and promote responsible citizenship.

Photos:





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DATE: 01/06/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON DITCH CLEANING PROGRAM AT KORATIKKARA

Date and Time	01/04/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Korattikara

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, conducted a Ditch Cleaning Program at Koratikara as part of its community service initiatives. The primary objective of this program was to assist local farmers by clearing clogged ditches, ensuring proper water flow for irrigation and preventing waterlogging in agricultural fields.

The initiative was undertaken with the participation of NSS volunteers, under the guidance of NSS Program Officers and in coordination with local farmers. The program aimed to enhance agricultural productivity by improving the water management system, which is crucial for farming activities in the region.

Volunteers actively engaged in removing debris, plastic waste, and silt deposits from the ditches. With the help of basic tools such as spades and shovels, they ensured that water could flow smoothly through the irrigation channels. The team interacted with local farmers to understand their challenges related to water management and discussed sustainable methods to prevent blockages in the future. Farmers were encouraged to keep water channels clean and avoid dumping waste in ditches.

Improved Irrigation: The removal of blockages allowed smooth water flow, benefiting the farmlands and reducing the risk of water stagnation. Environmental Benefits: The cleaning helped prevent mosquito breeding and waterborne diseases caused by stagnant water.



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The Ditch Cleaning Program at Kadavallur was a great success, showcasing the commitment of NSS Unit 240 towards rural development and environmental conservation. The initiative not only provided immediate relief to farmers but also raised awareness about the significance of maintaining clean and functional water channels.

The NSS Unit of Assabah Arts and Science College looks forward to conducting more such programs in the future to contribute positively to society.

Photos:





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DATE: 01/06/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON PUBLIC POND CLEANING PROGRAM
NEAR KORATTIKKARA VISHNU-SHIVA TEMPLE

Date and Time	01/05/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Korattikkara Vishnu-Shiva Temple

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, organized a Public Pond Cleaning Program near Korattikkara Vishnu-Shiva Temple as part of its environmental conservation and community service initiatives. The program aimed to restore the pond to its natural state by removing waste, weeds, and accumulated silt while also cleaning the surrounding areas to maintain hygiene and ensure better water quality.

The initiative was conducted with the active participation of NSS volunteers, under the guidance of NSS Program Officers, and with the support of local community members and temple authorities. The pond, which serves as a vital water source and a sacred site, had been affected by waste accumulation, weed growth, and pollution. The cleaning drive aimed to restore its cleanliness and ecological balance.

A preliminary inspection was conducted to evaluate the condition of the pond and surrounding areas. Volunteers planned the cleaning process, dividing tasks to ensure an efficient and systematic approach. Volunteers removed plastic waste, fallen leaves, and other debris from the water surface. Unwanted aquatic weeds and algae were cleared to prevent water stagnation and contamination.

The Public Pond Cleaning Program near Korattikkara Vishnu-Shiva Temple was a successful step toward environmental sustainability and community welfare. The NSS Unit 240 of Assabah Arts and Science College remains committed to undertaking more such initiatives in the future to promote cleanliness and ecological conservation.



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DATE: 01/07/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON HARITHA SABHA – ANNUAL GREEN AUDIT FOR SCHOOLS

Date and Time	01/06/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	GLP School, Chiyanoor

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, successfully conducted Haritha Sabha, the Annual Green Audit for Schools in Alamkode Panchayath, at GLP School, Chiyanoor. The initiative aimed to assess and enhance the environmental sustainability practices within schools, promoting eco-friendly habits among students and staff.

The program was officially inaugurated by Shaheer, President of Alamkode Grama Panchayath, in the presence of school authorities, NSS volunteers, and local dignitaries. Shaheer, President of Alamkode Grama Panchayath, inaugurated the function, emphasizing the importance of environmental sustainability and the role of students in protecting nature. School representatives and NSS coordinators welcomed the participants and introduced the objectives of the Green Audit.

Campus Environmental Assessment: NSS volunteers, along with students and teachers, evaluated the school's environmental practices, including waste management, water conservation, and green cover. Energy and Resource Usage Audit: A detailed inspection was carried out to assess the school's energy consumption, water usage efficiency, and waste disposal methods. Biodiversity Survey: The existing trees, plants, and gardens on the school premises were documented, and recommendations were made for improving green cover.



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Increased Environmental Awareness: Students and teachers gained valuable insights into sustainable living and conservation practices. Enhanced School Sustainability Measures: Practical steps were identified to make the school campus greener and more eco-friendly. Community Engagement: The initiative strengthened the partnership between NSS volunteers, school authorities, and the local panchayath in promoting environmental protection.

The Haritha Sabha at GLP School, Chiyanoor, was a successful initiative, highlighting the commitment of NSS Unit 240 towards fostering environmental consciousness in educational institutions. Moving forward, the NSS team plans to conduct similar audits in other schools to promote sustainable practices across the region.

Poster:

ആലംകോട് ഗ്രാമപഞ്ചായത്ത്
മാലിന്യരൂക്ഷണ നവകേരളം

കുടികളുടെ ഹരിത സഭ

2025
ജനുവരി
തിങ്കൾ **6**
10 am

ശ്രീ.എസ്.പി. സ്കൂൾ,
ചിയാനൂർ

മുഖ്യമന്ത്രി :
ശ്രീ. കെ.വി. ഷൈഹിർ
(പ്രസിഡന്റ്, ആലംകോട് ഗ്രാമപഞ്ചായത്ത്)



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DATE: 01/08/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON 'SADGAMAYA' – LEGAL AWARENESS CLASS & CAMPAIGN AGAINST DRUG ADDICTION

Date and Time	01/07/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers & Peer Group
Venue	Collage library hall

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, in collaboration with the National Legal Services Authority (NALSA), District Legal Services Authority (DLSA), Manjeri, and Taluk Legal Services Committee, Ponnani, successfully organized 'SADGAMAYA', a Legal Awareness Class and Campaign Against Drug Addiction. The initiative aimed to educate students and the community on the legal consequences of drug abuse and promote awareness about the dangers of substance addiction.

The campaign was designed to address the legal, social, and health aspects of drug addiction through expert-led sessions and community engagement activities. Legal professionals, law enforcement officials, and social activists participated in the event, emphasizing the need for strict legal enforcement and community involvement in tackling drug-related issues.

Legal experts from NALSA and DLSA provided an in-depth explanation of the Narcotic Drugs and Psychotropic Substances (NDPS) Act, discussing the severe legal penalties for drug possession, distribution, and consumption. The session covered the role of the Legal Services Authorities in providing free legal aid to victims of drug abuse and their families. Discussions also included the legal responsibilities of educational institutions and the community in preventing substance abuse.



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An interactive discussion was held where students and attendees raised questions regarding legal procedures, law enforcement, and the rehabilitation of drug addicts. Social activists and police officials spoke about the psychological, social, and economic impacts of drug abuse, sharing real-life cases to emphasize the seriousness of the issue. NSS volunteers conducted an awareness drive, distributing posters, pamphlets, and banners with anti-drug messages. The program concluded with a pledge-taking ceremony, where students, teachers, and attendees vowed to stay away from drugs and actively participate in preventing drug addiction in society.

The 'SADGAMAYA' campaign was a significant initiative in spreading awareness about drug addiction and its legal implications. The NSS Unit 240 of Assabah Arts and Science College remains committed to conducting similar programs in the future to promote a safer and healthier society.

Poster:

Under the aegis of NALSA
District Legal Services Authority, Manjeri
Taluk Legal Services Committee, Ponnani
ASSABAH ARTS & SCIENCE COLLEGE, VALAYAMKULAM

LEGAL AWARENESS CLASS

SADGAMAYA
Campaign against Drug Addiction

CHAIR
Prof. Mohamed Koya MN
(Principal, Assabah Arts & Science College, Valayamkulam)

RESOURCE PERSON
Sri Pramod P.P
(Excise Preventive Officer |
Vimukthi Coordinator,
Excise Circle Office,
Ponnani)



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DATE: 01/10/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON VEGETABLE GARDEN INITIATIVE AT HOMES WARD 5, 7.

Date and Time	01/08/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Korattikkara

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, in collaboration with Kadavallur Grama Panchayath, successfully implemented a vegetable garden project under the Panchayath's "Adukalathotam" (Kitchen Garden) initiative. The project was carried out in Ward 5 and Ward 7 with the aim of promoting organic farming, self-sufficiency, and sustainable living among households.

The initiative encouraged local residents to cultivate vegetables in their own homes, ensuring fresh and chemical-free produce for daily use. NSS volunteers actively participated in setting up home gardens by providing guidance on soil preparation, seed selection, and organic farming methods. The project was supported by the Kadavallur Grama Panchayath, which supplied seeds and necessary agricultural inputs.

Households were encouraged to make use of available space, including backyards and terraces, for vegetable cultivation. Volunteers assisted families in preparing their garden beds, ensuring proper soil fertility. Seeds of commonly used vegetables like tomatoes, chilies, spinach, brinjal, and beans were distributed among households.

The Vegetable Garden Making Project under the "Adukalathotam" scheme was highly successful, receiving positive feedback from participants. The NSS Unit 240 of Assabah Arts and Science College remains committed to promoting eco-friendly initiatives and plans to expand similar programs in other wards in the future.



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DATE: 01/17/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON FUND COLLECTION FOR PALLIATIVE CARE

Date and Time	01/15/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Changaramkulam

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, successfully organized a fundraising campaign on the occasion of Palliative Care Day, in support of Karunyam Palliative Care, Changaramkulam. Through the collective efforts of students, faculty, and the local community, the campaign raised a total amount of ₹1,50,000, which was donated to assist in providing essential medical care, medicines, and emotional support to chronically ill and bedridden patients.

Palliative Care Day is observed worldwide to emphasize the need for compassionate care for terminally ill patients. Recognizing the significance of this cause, NSS volunteers actively engaged in fundraising activities, encouraging people to contribute towards improving the lives of palliative care patients.

Classroom-to-classroom visits were conducted, where NSS volunteers explained the purpose of the fundraiser and collected voluntary contributions from students. Donation boxes were placed in strategic locations within the college premises, allowing faculty, staff, and visitors to contribute. Volunteers also extended the campaign beyond the campus, approaching local businesses, shops, and community members for support. The initiative received overwhelming support, with students, faculty, and local donors contributing generously. Many individuals and organizations pledged continued support for Karunyam Palliative Care, recognizing the importance of sustained funding for such services. At the conclusion of the fundraising drive, the total collected amount of ₹1,50,000 was officially handed over to representatives of Karunyam Palliative Care in a formal event.



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The fundraising drive for Karunyam Palliative Care was a remarkable success, reflecting the unity and compassion of the Assabah Arts and Science College community. The NSS Unit 240 remains committed to organizing similar initiatives in the future, reinforcing its mission of service and social responsibility.

Photos:





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DATE: 01/25/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON NSS VISIT TO WAYANAD MUNDAKAI
CHOOALMALA FLOOD-AFFECTED AREAS

Date and Time	01/22/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Mundakai and Chooralmala

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, organized a field visit to the flood-affected areas of Mundakai and Chooralmala in Wayanad. The visit aimed to provide students with a first-hand understanding of natural disasters, their causes, and their impact on human lives. It also helped them learn how communities recover and rebuild after such calamities.

To educate students about the causes of floods, landslides, and natural disasters and to understand the challenges faced by disaster-affected communities. To study the rehabilitation and relief measures taken by government and non-governmental organizations. To instill a sense of social responsibility and prepare students to contribute effectively in disaster relief efforts.

NSS volunteers visited flood-hit villages and interacted with affected families to understand their struggles and survival stories. Families shared their experiences of losing homes, farmlands, and belongings, and how they were coping with the aftermath of the disaster. The team observed the remnants of landslides, waterlogged areas, and destroyed houses, gaining insight into the destructive power of natural calamities.

Volunteers met with local authorities, rescue teams, and social workers who explained the emergency response mechanisms used during the floods. A session was conducted on how communities rebuild their lives, including government compensation programs, temporary shelters, and rebuilding efforts.



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The visit highlighted the role of deforestation, soil erosion, and unplanned construction in worsening flood situations. Volunteers were shown how improper land use and climate change contribute to extreme weather conditions. The team discussed possible sustainable measures to reduce the risk of future disasters.

Enhanced Disaster Awareness: Students gained real-life exposure to the causes, impact, and aftermath of floods and landslides. **Understanding Human Resilience:** The visit helped them understand how affected people rebuild their lives despite losing everything. **Encouraging Social Responsibility:** The experience inspired many volunteers to consider participating in future disaster relief activities. **Environmental Consciousness:** The trip reinforced the importance of sustainable practices to prevent environmental degradation and reduce disaster risks.

The visit to the flood-affected regions of Wayanad was an eye-opening experience for NSS Unit 240 volunteers, fostering empathy, awareness, and a deeper understanding of disaster management. The unit aims to continue engaging in relief efforts and promoting disaster preparedness programs to support communities in need.

Photos:





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DATE: 01/25/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON NATURE CAMP TO WAYANAD

Date and Time	01/23/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Mundakai and Chooralmala

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, organized a Nature Camp Trip to Wayanad on January 23, 2025, to provide students with a deeper understanding of nature, biodiversity, and environmental conservation. The trip aimed to expose participants to the rich ecological diversity of Wayanad and create awareness about the need to preserve natural habitats.

To explore and study the biodiversity, flora, and fauna of Wayanad. To understand the ecological balance and environmental challenges faced by forest regions. To encourage students to develop a sense of responsibility toward nature conservation. To provide an opportunity for hands-on learning in a natural setting.

A guided trekking expedition was arranged through dense forests, waterfalls, and hilltops, where students observed rare plant species, birdlife, and local wildlife. Environmental experts explained the importance of forest conservation, threats to biodiversity, and the role of indigenous flora and fauna in maintaining ecological balance. Volunteers engaged in nature photography and note-taking, documenting their observations.

NSS volunteers participated in a small tree-planting drive within the camping site to promote afforestation. A reflection session was held around a campfire where students shared their experiences, insights, and thoughts on environmental protection. Enhanced Environmental Awareness: Students gained a firsthand experience of nature's beauty and fragility, making them more conscious of environmental issues. Understanding of



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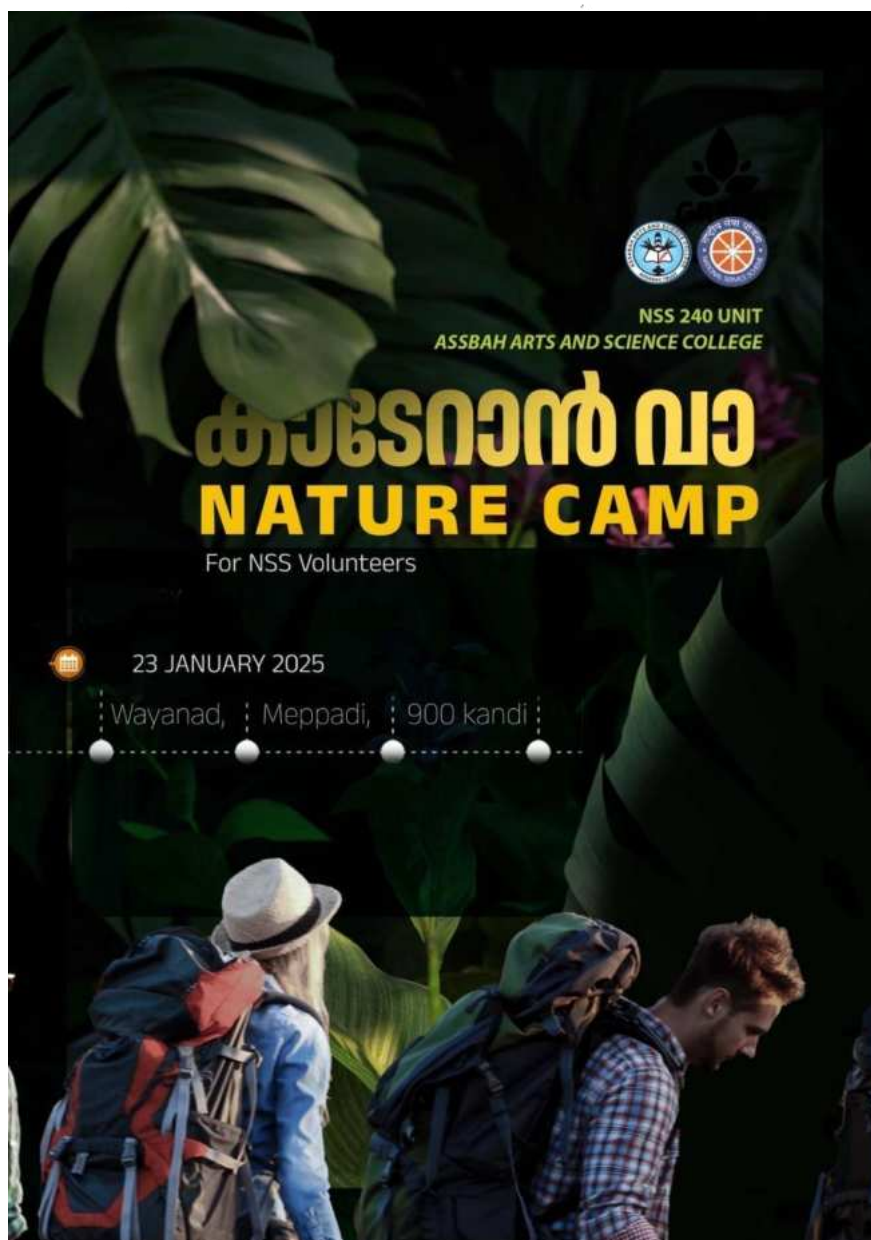
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The interaction with forest officials and observation of natural habitats helped students appreciate the importance of wildlife protection and sustainable living. Encouragement for Future Initiatives: The camp inspired many volunteers to take an active role in tree-planting, eco-friendly practices, and conservation programs in their own communities.

The Nature Camp Trip to Wayanad was a transformative experience for NSS Unit 240 volunteers, fostering a deeper connection with nature and a strong commitment to environmental stewardship. The unit looks forward to organizing more such initiatives to promote sustainable living and ecological preservation.

Poster:





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DATE: 01/28/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON 76TH REPUBLIC DAY CELEBRATION

Date and Time	01/26/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	College open hall

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, proudly organized the 76th Republic Day celebration on January 26, 2025. The event aimed to honor India's rich constitutional legacy and instill patriotism among students while promoting the values of unity, democracy, and service. The program included a flag-hoisting ceremony, speeches, and a sweets distribution drive to mark the occasion with joy and solidarity.

The event commenced at 8:30 AM with the hoisting of the national flag by the college principal, accompanied by NSS Program Officers and faculty members. The National Anthem was sung by all attendees, filling the atmosphere with patriotic spirit. NSS volunteers delivered speeches on the significance of Republic Day, highlighting the Indian Constitution, fundamental rights, and duties.

As a token of joy and unity, NSS volunteers distributed sweets among students, faculty members, and staff. The initiative aimed to spread the message of harmony, inclusivity, and collective celebration. NSS volunteers took a pledge to uphold the principles of democracy, equality, and social justice, reaffirming their commitment to service and national progress.

The 76th Republic Day Celebration organized by NSS Unit 240 was a memorable and inspiring event, reinforcing the spirit of democracy and social responsibility. The unit remains committed to upholding national values and engaging in meaningful community initiatives.



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DATE: 01/28/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON DISTRIBUTION DRIVE OF OFFICE LETTER COVERS

Date and Time	01/26/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Changaramkulam Police Station Alamkode KSEB Section Office

Details of the programme:

The NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, conducted a distribution drive of office letter covers. These covers were meticulously prepared by NSS volunteers during their Seven-Day Residential Camp. As part of the initiative, volunteers handed over the office letter covers to the Changaramkulam Police Station and the Alamkode KSEB Section Office. Additionally, Republic Day sweets from Assabah College were distributed to both offices as a gesture of gratitude and goodwill.

To support local institutions by providing handmade office letter covers. To express appreciation for the services of law enforcement and public utility workers. To enhance social responsibility and civic engagement among NSS volunteers. To spread the spirit of Republic Day through acts of service and kindness.

During the Seven-Day Residential Camp, NSS volunteers designed and prepared office letter covers to be used for official documentation. The initiative aimed to reduce costs for public institutions while also promoting resourcefulness and teamwork among volunteers.

NSS volunteers visited Changaramkulam Police Station and formally handed over a batch of office letter covers to the police officials. Officers expressed appreciation for the thoughtful contribution and acknowledged the social commitment of NSS volunteers. Volunteers also distributed Republic Day sweets as a token of gratitude for the police force's dedication to public safety.



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The second batch of office letter covers was delivered to the Alamkode KSEB Section Office, where they were received by the staff. The employees appreciated the effort and acknowledged the volunteers' dedication to community service. Republic Day sweets were also distributed among the office staff, reinforcing the message of unity and appreciation.

The distribution drive of office letter covers and Republic Day sweets was a successful and impactful initiative, highlighting the NSS Unit 240's commitment to service and community welfare. The unit looks forward to continuing similar community outreach programs to contribute positively to society.

Photos:





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DATE: 02/20/2025

PROGRAMME REPORT

ACADEMIC YEAR: 2024-25

NAME OF THE PROGRAMME: REPORT ON FUND RAISING FOR MUJEEB RAHMAN (KIDNEY PATIENT)

Date and Time	02/18/2025
Organized by	NSS 240 Unit
Target participants	NSS Volunteers
Venue	Valayamkulam

Details of the programme:

On February 18, 2025, the NSS Unit 240 of Assabah Arts and Science College, Valayamkulam, organized a fundraising campaign to support Mujeeb Rahman, a 23-year-old kidney patient from Ponnani who required urgent medical treatment. Through the dedicated efforts of NSS volunteers, the campaign successfully raised ₹38,000 (thirty-eight thousand rupees) to assist with his medical expenses.

To extend financial aid to a critically ill patient in need of urgent medical support. To sensitize students and the community about the importance of helping those in medical distress. To promote humanitarian values and encourage collective social responsibility.

NSS volunteers visited classrooms, staff rooms, and common areas to encourage donations from students and faculty members. Collection boxes were placed in strategic locations within the college premises. The campaign was extended to local businesses and well-wishers, who willingly contributed to the cause. After the successful completion of the fundraising drive, the collected amount of ₹38,000 was handed over to Mujeeb Rahman's family. His family expressed heartfelt gratitude to the NSS Unit and all contributors for their kindness and generosity.

The fundraising campaign for Mujeeb Rahman was a remarkable success, reaffirming the commitment of NSS Unit 240 to social service and humanitarian causes. The unit looks forward to continuing its efforts in supporting those in need and making a positive impact in society.



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പുതുപൊന്നാനി തെക്കേ മന്ദിരം സിബിപം, പൊന്നാനി
മലപ്പുറം ജില്ല 679586



ഈ കുടുംബത്തിന്റെ സങ്കടവും സഹോദരന്റെ വേദനയും നിങ്ങൾ കാണാതെ പോകരുത്



മലപ്പുറം ജില്ലയിലെ പൊന്നാനി മുനിസിപ്പാലിറ്റിയിൽ പുതുപൊന്നാനി തെക്കേ മന്ദിരം സിബിപം കുഞ്ഞുസക്കാരന്റെ ഇമ്പിച്ചിബാവ (Late) യുടെ മകൻ മുജീബ് റഹ്മാൻ (23 വയസ്സ്) രണ്ട് കിഡ്നിയും നഷ്ടപ്പെട്ട ഏറെ പ്രയാസത്തിലാണ്. അദ്ദേഹത്തിന്റെ കിഡ്നി മാറ്റിവെക്കൽ ശസ്ത്രക്രിയയ്ക്കു വേണ്ടി ലോകമനസ്സിന്റെ കാര്യവും തേടുന്നു...

ഈ കുടുംബത്തിന്റെ നിസ്സഹായാവസ്ഥ മനസ്സിലാക്കി നിങ്ങളുടെ സഹായ സഹകരണങ്ങൾ അക്കൗണ്ട് വഴിയോ, നേരിട്ടോ നൽകി സഹകരിക്കണമെന്ന് വിനയത്തോടെ അഭ്യർത്ഥിക്കുന്നു

POST FEBRUARY 14TH DATE

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