

June 5 - World Environment Day Program



Date: June 5, 2023

On June 5th 2023 NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, organised a program on behalf of World Environment Day. College Principal M.N Mohammad Koya Inaugurated the program by planting a tree in college campus, NSS programme officer Rajesh kannan coordinated the program. The program aimed to raise awareness about environmental issues, promote sustainable practices, and encourage active participation in environmental conservation. The event witnessed enthusiastic participation from students, faculty members.

Objective:

The World Environment Day program at Assabah Arts and Sciences College focused on the theme of "Ecosystem Restoration." This theme emphasised the importance of restoring and preserving ecosystems to ensure a sustainable and healthy environment for future generations.

Outcomes and Impact:

The World Environment Day program had a significant impact on the participants, raising their awareness about environmental issues and inspiring them to take action. The program helped students understand the importance of ecosystem restoration and the role they can play in preserving the environment.

The event also served as a platform for students to join the NSS and actively participate in environmental conservation activities. Many students expressed their interest in volunteering for future projects and initiatives related to environmental sustainability.

Orientation Program on the Topic "Nobility of Service"



Date: August 2, 2023

NSS 240 Unit of Assabah Arts and Sciences College, Valayamkulam, organized an orientation program on the topic "Nobility of Service." The program aimed to educate and inspire students about the importance of selfless service to society and the community. The event took place on 02-08-2023 at the college conference hall. The program was inaugurated by former NSS program officer Praveen KU, orientation class handled by Abdul Rahman.p and Rajesh kannan.

Objective:

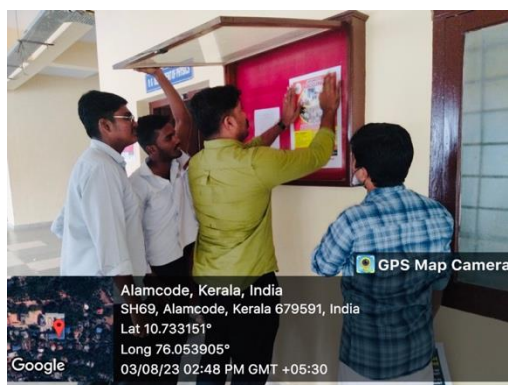
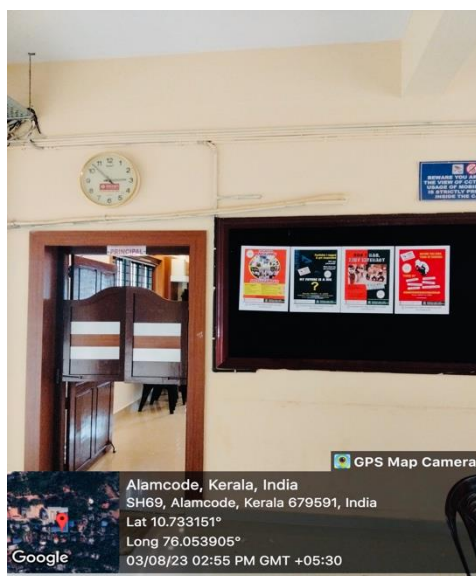
The primary objective of the orientation program was to create awareness among students about the noble act of service and its significance in building a better society. The program aimed to instill a sense of responsibility, empathy, and compassion in the participants, encouraging them to actively engage in community service activities.

Outcomes and Impact:

The orientation program had a significant impact on the participants, fostering a sense of social responsibility and a desire to serve the community. The program helped students recognize the importance of giving back to society and the positive influence service can have on personal growth and development.

The event also served as a platform for students to join the NSS and actively participate in community service activities. Many students expressed their interest in volunteering for upcoming projects and initiatives, demonstrating their commitment to making a difference in society.

Anti-Ragging Poster Campaign



Date: August 3, 2023

On August 3, 2023, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam conducted an impactful poster campaign to raise awareness about the importance of eradicating ragging on campus. This initiative aimed to promote a safe and inclusive environment for all students.

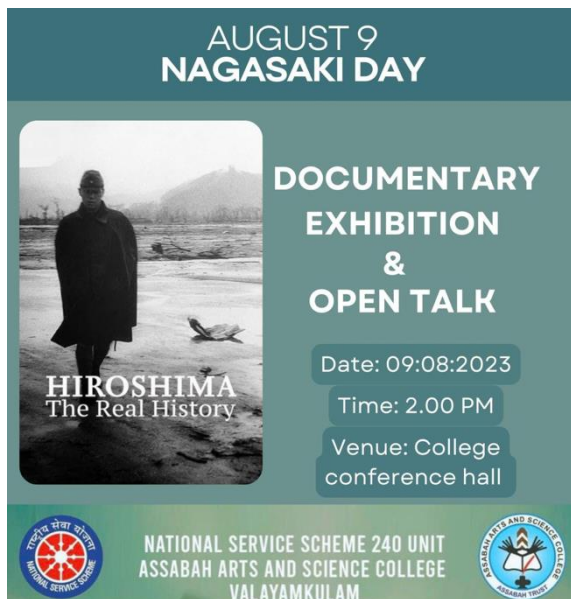
Objective:

The primary objective of the anti-ragging poster campaign was to spread awareness about the negative consequences of ragging and emphasize the importance of creating a respectful and supportive atmosphere within the college.

Outcomes and Impact:

The anti-ragging poster campaign received an overwhelming response from the student community at Assabah Arts and Science College. The visually appealing posters and engaging sessions succeeded in creating awareness about the harmful effects of ragging. Many students expressed their support for the cause and pledged to actively participate in preventing ragging incidents.

Nagasaki Day [Documentary Exhibition and Open Talk]



Date: August 8, 2023

On August 8, 2023, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam organized a documentary exhibition and open talk to commemorate Nagasaki Day at the college conference hall, at 2:00 PM. This event aimed to raise awareness about the devastating consequences of the atomic bombing of Nagasaki and promote peace and nuclear disarmament.

Objective:

The primary objective of the Nagasaki Day documentary exhibition and open talk was to educate students about the historical significance of the event, create empathy towards the survivors, and inspire discussions on the importance of peace and nuclear non-proliferation.

Documentary Exhibition:

The documentary exhibition showcased a collection of powerful visual materials, including photographs, videos, and survivor testimonials, depicting the aftermath of the atomic bombing of Nagasaki. The exhibition provided a glimpse into the tragic consequences of nuclear warfare and highlighted the importance of preventing such devastation in the future.

Open Talk:

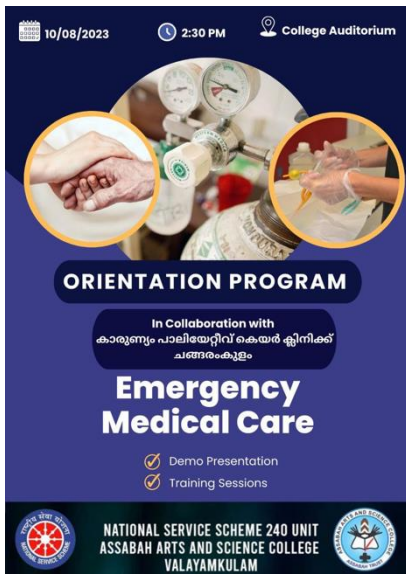
The open talk session featured esteemed guest speakers, including historians, peace activists, and survivors of the Nagasaki bombing. They shared their insights and personal experiences, shedding light on the historical context, humanitarian impact, and long-lasting effects of the atomic bombing. The session also encouraged students to actively engage in discussions and ask questions.



Outcomes and Impact:

The Nagasaki Day documentary exhibition and open talk received an overwhelming response from the students at Assabah Arts and Science College. The exhibition and insightful presentations created a sense of empathy, deepened students' understanding of the consequences of nuclear warfare, and inspired them to actively pursue peace and nuclear disarmament. Many students expressed their gratitude for the opportunity to learn from survivors and experts in the field.

Orientation Program on Emergency Medical Care



Date: August 10, 2023

On August 10, 2023, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam organised an orientation program on emergency medical care at the college conference hall, on 2:30 PM. This program, conducted in collaboration with Karunyam Palliative,Changaramkulam, aimed to equip students with essential knowledge and skills related to handling medical emergencies.

Objective:

The primary objective of the orientation program was to educate students about the basics of emergency medical care, including first aid techniques, CPR (Cardiopulmonary Resuscitation), and the importance of timely intervention in critical situations. The program aimed to empower students to respond effectively during emergencies and potentially save lives.

Program Content:

The orientation program covered various topics related to emergency medical care, including:

1. Introduction to Emergency Medical Care: The program began with an introduction to the concept of emergency medical care, highlighting the importance of immediate response and effective intervention during medical emergencies.

2. First Aid Techniques: Students were trained in basic first aid techniques, such as wound management, bandaging, splinting, and the proper handling of common injuries. This knowledge aimed to equip students with practical skills to provide immediate assistance before professional medical help arrives.

3. Cardiopulmonary Resuscitation (CPR): The program included a demonstration and hands-on practice of CPR, a life-saving technique used to revive individuals experiencing cardiac arrest. Students learned the correct procedures for performing CPR and the importance of early intervention.



4. Medical Emergency Scenarios: The orientation program simulated various medical emergency scenarios, allowing students to apply their knowledge and skills in practical situations. This exercise aimed to enhance their ability to respond efficiently and confidently during real-life emergencies.

5. Importance of Timely Intervention: Throughout the program, emphasis was placed on the critical role of timely intervention in emergency medical care. Students were educated about the importance of recognizing symptoms, quick decision-making, and effective communication during emergency situations.

Outcomes and Impact:

The orientation program on emergency medical care received a positive response from the students at Assabah Arts and Science College. The interactive sessions, hands-on practice, and practical demonstrations helped students gain a better understanding of emergency medical care. Many students expressed their appreciation for the opportunity to learn potentially life-saving skills and pledged to apply their knowledge to help others during emergencies.

Legal Awareness Class on Anti-Ragging



Under the aegis of NALSA
District Legal Services Authority, Manjery
Taluk Legal Services Committee, Ponnani

in Collaboration with
NSS Unit - 240
Assabah Arts & Science college, valayamkulam

Conducts
Legal Awareness Class: Anti Ragging

Date: 2023 August 11 Time: 11:00 am



Date: August 11, 2023

On August 11, 2023, the NSS 240 Unit of Assabah Arts and Science College, Valayamkulam organized a legal awareness class to educate students about the laws and regulations related to anti-ragging. This initiative aimed to empower students with knowledge about their rights and the legal consequences of ragging. Program was inaugurated by Sub judge/DLSA secretary Sri.sabir ibrahim. The event took place on August 11, 2023, in the college auditorium, with a large number of students in attendance.

Objective:

The primary objective of the legal awareness class was to provide students with a comprehensive understanding of the legal aspects surrounding ragging and to promote a safe and inclusive campus environment.

Outcomes and Impact:

The legal awareness class received a positive response from the students at Assabah Arts and Science College. The informative content, engaging presentations, and interactive discussions helped students gain a clear understanding of the legal aspects surrounding ragging. Many students expressed their gratitude for the opportunity to learn about their rights and responsibilities, and they pledged to actively promote a ragging-free campus.

Cleaning Program at the House of Bedridden Brother Noushad in Alamcode Panchayat, Ward 2



Date: August 14, 2023

On August 14, 2023, the NSS 240 volunteers from Assabah College organized a cleaning program at the house of Brother Noushad, who is bedridden, in Alamcode Panchayat, Ward 2. The objective of this program was to provide assistance and support to Noushad by cleaning and tidying his living space.

The event took place on August 14, 2023, at Noushad's house in Alamcode Panchayat, Ward 2.

Objective:

The primary objective of the cleaning program was to create a clean and hygienic living environment for Noushad, who is bedridden and unable to

maintain his house on his own. The program aimed to improve his quality of life and promote a sense of community service and compassion among the NSS volunteers.

Cleaning Activities:

1. **House Cleaning:** The NSS volunteers cleaned the entire house, including the living room, bedroom, kitchen, and bathroom. They dusted and wiped all surfaces, swept and mopped the floors, and organized the belongings to create a cleaner and more organized living space.

2. **Yard Cleaning:** The volunteers also cleaned the yard surrounding Brother Noushad's house. They removed any debris, cleared the pathways, and trimmed overgrown bushes and plants to create a tidy and accessible outdoor area.

3. **Sanitization:** As part of the cleaning program, special attention was given to sanitizing the house. The volunteers used cleaning agents and disinfectants to ensure a hygienic environment, paying particular attention to high-touch surfaces.

4. **Waste Management:** The volunteers collected and properly disposed of any waste and garbage present in and around Brother Noushad's house. They segregated the waste into recyclable and non-recyclable categories, promoting responsible waste management practices.

Outcomes and Impact:

The cleaning program conducted by the NSS volunteers at Noushad's house received a positive response from both Noushad and the community. The improved cleanliness and tidiness of his living space enhanced his comfort and well-being. The volunteers' efforts were greatly appreciated by Noushad and his family, who expressed their gratitude for the support provided.

The program also had a positive impact on the NSS volunteers, fostering a sense of empathy, compassion, and community service. It provided them with an opportunity to make a meaningful difference in someone's life and instilled the values of social responsibility and helping those in need.

Independence Day Celebration



Date: August 15, 2023

On August 15, 2023, the NSS 240 Unit volunteers of Assabah Arts and Science College, Valayamkulam organized a grand celebration to commemorate India's Independence Day. The event aimed to instill a sense of patriotism and national pride among the participants and to honor the sacrifices made by the freedom fighters.

NSS program officer Abdul Rahman.P hoisted the flag in the college courtyard at 9 am, NSS volunteers, sports teacher Subin sir, psychology department teacher Ajmal sir, college security staff Muhammad Unni, Kabir etc. were present on the occasion.

At 9.15 NSS volunteers of Assabah college participated in Alamcode Panchayat Independence Day celebrations. Alamcode Panchayat President KV Shaheer hoisted the flag at a function held at Ward 11 Mankulam premises, after which Kudumbashree workers and NSS volunteers took out a joint Independence Day procession.

MERI MAATI MERA DESH under Nehru Yuva Kendra



Date: August 15, 2023

On August 15 2023 NSS 240 unit Volunteers Participated in the program MERI MAATI MERA DESH (Praise to the land and bow to soldiers) organized by the Local Self-Government Department, Nehru Yuva Kendra and NSS Units under the Central Government. The program was inaugurated by Alamcode Panchayat President KV Shaheer. Alamcode Panchayat Vice President Pratibha Teacher presided over the event. Then Panch Pran Pledge of Central Government was recited by Panchayat Standing Committee Chairman C.K Prakashan. After that NSS volunteers of Assabah college planted tree's on the road sides.

Har Ghar Tiranga” Campaign



Date: August 10, 2023

On August 15, 2023, the NSS 240 Unit volunteers of Assabah Arts and Science College , Valayamkulam conducted a campaign commemorate the independence day this campaign aimed all Citizens are encouraged to participate in hoisting the National Flag in their homes.

NSS volunteers are uploaded their photos with national flag on Gov portal and they got the appreciation certificates.

Tapioca harvesting and planting was done under the leadership of NSS 240 unit as part of the Chingam 1 Agriculture Day



**CHINGAM 1
TAPIOCA HARVEST**

10 AM - 1 PM | AUGUST 17
NEAR NANNAMUKKU CHERIYA PALAM STOP

ASSABAH NSS 240 UNIT
NANNAMUKKU PANCHAYATH
KRISHIBHAVAN NANNAMUKKU



Date: August 17, 2023

On the occasion of Chingam 1 (17.08.23 Thursday) Agriculture Day, Assabah NSS-240 Unit, Nannammuk Gram Panchayat and Krishi Bhavan Nannammuk jointly organized harvesting and planting of new Tapioca Plants in the plantation of famous farmer and Naranipuzha resident MS Kunjunnijetta known as MS.

The short time spent with MS Kunjunnijetta, who won the best farmer award in the district several times, was very useful.

After working in the farm, he sent the students off with a sumptuous feast.

Sports teacher Subin sir and Psychology department teacher Ajmal sir were with the necessary instructions in the farm.

Farmer felicitated under leadership of NSS 240 unit on the occasion of Chingam 1 Agriculture Day



Date: August 17, 2023

On the occasion of Chingam 1 (17.08.23 Thursday) Agriculture Day, A native farmer of Naranipuzha region, known as MS, an outstanding farmer of Narnipuzha region, MS Kunjunni was honored by Assabah arts and science college, Valayamkulam NSS 240 Unit and Agricultural Department Nannammukku.

Fundraising for Pratheeksha Charitable Society



Date: August 22, 2023

On 22nd August 2023 ,The NSS 240 Unit of Assabah Arts and Science College organized a fundraising event for Pratheeksha Charitable Society. College Principal MN Muhammad Koya handover the collected amount to Pratheeksha Coordinator Suresh. The purpose of this event was to raise funds to support the noble initiatives and activities undertaken by the society to assist the underprivileged sections of society.

Outcomes and Impact:

The fundraising event witnessed overwhelming support from students, faculty, staff, and the local community. The collective efforts resulted in a significant amount of funds being raised for Pratheeksha Charitable Society. The contributions will be utilized to support various initiatives, such as providing education, healthcare, and livelihood opportunities to the underprivileged.

Teacher's Day Celebration



Date: September 5, 2023

The NSS 240 Unit of Assabah Arts and Science College organized a grand celebration on September 5, 2023, in honor of Teacher's Day. The aim of this event was to express gratitude and appreciation to the dedicated teachers who play a pivotal role in shaping the future of students. The celebration was conducted with immense enthusiasm and creativity.

The Teacher's Day celebration was designed to create a memorable and joyful experience for the teachers.

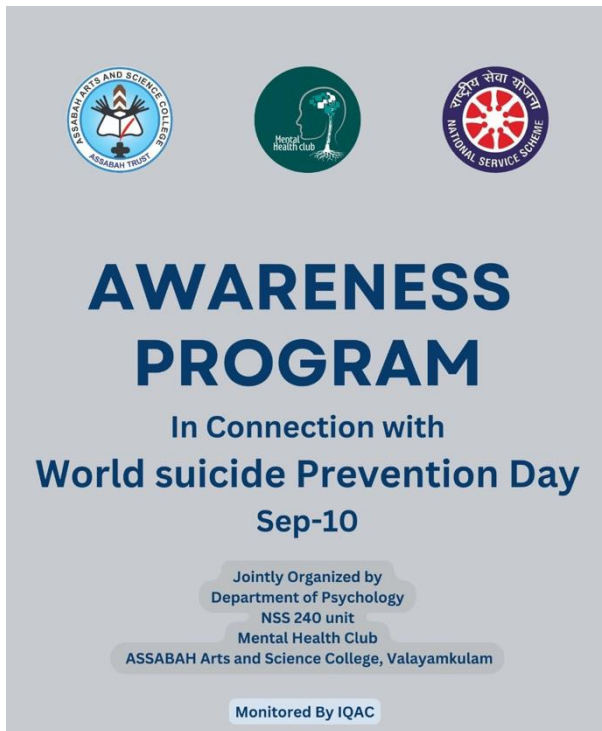
Survey of Youth not in Formal Education or Regular Employment Assabah arts and Science college, Valayamkulam



Date: September 23, 2023

Assabah arts and Science college NSS Unit conducted a “Survey of Youth not in Formal Education or Regular Employment” on 23-09-2023 to 30-09-2023 in the College adopted village, Alamcode Grama Panchayath . This survey was conducted under the Human Resource Ministry, Govt. of India.

Suicide Prevention Day Awareness Program: "Creating Hope Through Action"



AWARENESS PROGRAM

In Connection with
World suicide Prevention Day
Sep-10

Jointly Organized by
Department of Psychology
NSS 240 unit
Mental Health Club
ASSABAH Arts and Science College, Valayamkulam

Monitored By IQAC



Date: September 11, 2023

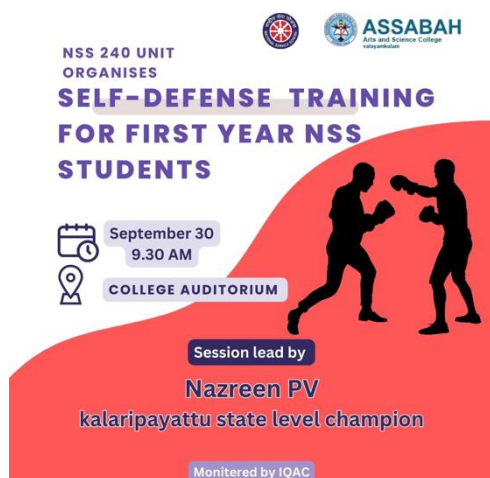
Introduction:

The NSS 240 Unit of Assabah Arts and Science College, Valayamkulam, organized a commendable Suicide Prevention Day Awareness Program titled "Creating Hope Through Action."

Psychology Department faculty Muhammad Ajmal.RS handled the program. It aimed to shed light on the importance of mental health, raise awareness about suicide prevention, and inspire actions that promote emotional well-being. The event took place on September 11, 2023, at the college conference hall.

Through programs like these, we can collectively work towards creating a society that values mental health, supports emotional well-being, and stands as a beacon of hope for those struggling with suicidal thoughts. The "Creating Hope Through Action" program truly exemplified the power of awareness, education, and compassion in preventing suicide and promoting mental health.

SELF-DEFENCE WORKSHOP ORGANISED BY NSS UNIT OF ASSABAH COLLEGE



Date: September 30, 2023

The workshop held at the college auditorium was inaugurated by Assabah College Vice Principal Dr. Baiju MK. The main session, Self Defence Class, was conducted by Nasrin PV, Chemistry (Teacher, State kalaripayatt Champion)

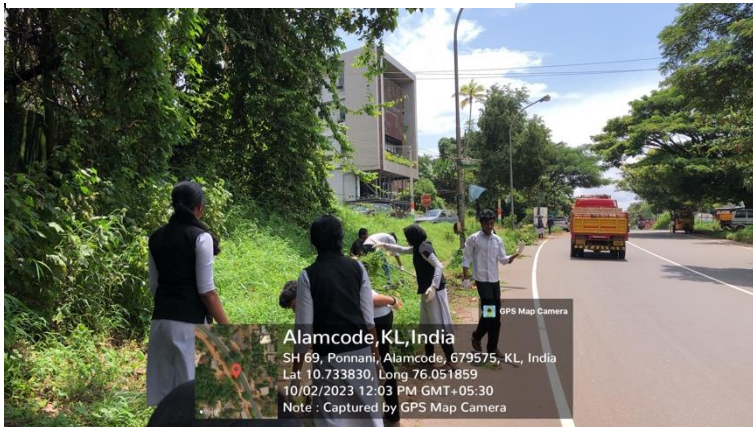
The workshop aimed to empower students with essential self-defence techniques and skills to protect themselves in challenging situations.

The event began with an introduction to the importance of self-defence followed by practical demonstrations and hands-on training sessions. Participants actively engaged in learning various self-defence maneuvers, including basic strikes, blocks, and escape techniques.

Special guest speakers shared valuable insights on personal safety and awareness. The workshop concluded with a self-defence demonstration by trained professional Nazrin P V leaving participants feeling more confident and prepared to face any potential threats. Overall, the workshop received positive feedback from attendees, emphasizing the significance of such initiatives in promoting personal safety and empowerment among students.

NSS Program Officer Abdul Rahman presided over the function. Jaleela K.K Faculty Department English felicitated the function. Shahid Ibrahim, Faculty Department of Physics, gave the vote of thanks on the occasion.

Swachhta Pakhwada Cleaning Program conducted by NSS volunteers of Assabah College, Valayamkulam on behalf of October 2nd Gandhi Jayanti



Date: October 2, 2023

On the occasion of Gandhi Jayanti, the NSS volunteers of Assabah College, Valayamkulam organized a Swachhta Pakhwada Cleaning Program. The main objective of this program was to promote cleanliness and hygiene in our community, as a tribute to Mahatma Gandhi's vision of a clean and prosperous India.

The cleaning program was held from September 15 to October 2, 2023, spanning a period of 7 days. It witnessed enthusiastic participation from NSS volunteers, students, and faculty members of Assabah College. The program was meticulously planned and executed, ensuring maximum impact and involvement.

Activities during the Swachhta Pakhwada Cleaning Program included:

1. **Campus Cleaning:** NSS volunteers actively participated in cleaning the college campus, including classrooms, corridors, canteen, and the surrounding areas. They focused on picking up litter, segregating waste, and maintaining overall cleanliness.

2. **Village Cleaning Drives:** Recognizing the importance of extending the cleanliness drive to the nearby villages, NSS volunteers organized various cleaning drives in Valayankulam and its neighboring areas. They actively engaged with the local community to create awareness about cleanliness and the importance of waste management.

Assabah NSS 240 volunteers participated in a safety awareness class conducted by Kerala fire and rescue services & Kerala civil defence force



Date: October 2, 2023

Assabah NSS 240 volunteers participated in a workshop, safety awareness class conducted by Kerala fire and rescue services and Kerala civil defence force. The demo classes related to the topics like car accidents, fire accidents, emergency medical care etc were very useful. Mock drills were a new experience for the students. Assabah NSS volunteers spearheaded the training session in the program which was attended by many NSS and NCC volunteers from nearby educational institutions.

And also participated in the memorial meeting of Ashraf Pantavoor who died prematurely last year while he was active in volunteer service in the Changaramkulam Edapal region.

Assabah Management Officers, PPM Ashraf, Kunji Muhammed Pantavoor and others who are active in voluntary service sectors presided over the function.

Pen Box Challenge

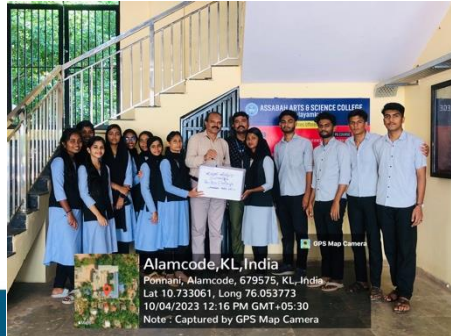


എഴുതി തീർന്ന സമ്പാദ്യം

PEN BOX CHALLENGE



NATIONAL SERVICE SCHEME
ASSABAH ARTS AND SCIENCE COLLEGE, VALAYAMKULAM



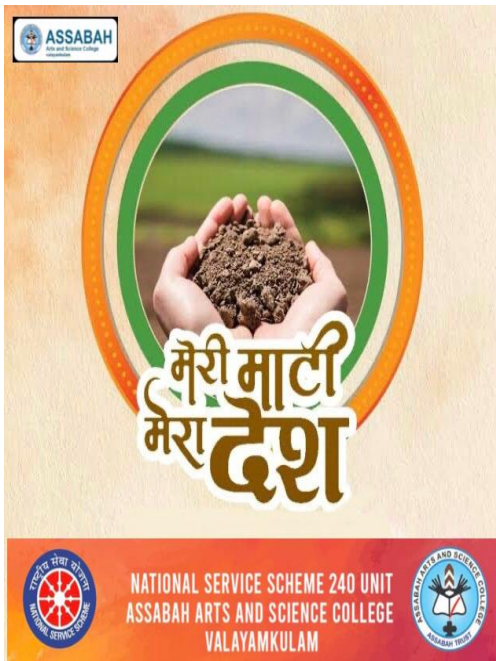
Date: October 4, 2023

NSS has installed pen boxes in Assabah Campus as part of the Ezhuthi theerna sambadhyam campaign. Pen Box Challenge being implemented under the leadership of District Suchithwa Mission.

Honorable Principal Muhammad Koya sir inaugurated the program by investing the used pen in the box. Used Pens were collected from various classes and surroundings of the campus.

Pen boxes are installed in the campus where students and teachers can deposit their unwanted pens.

Meri Matti Mera Desh



Date: October 13, 2023

As part of the project Meri Matti Mera Desh or My Soil, My Country, Assabah College is organizing Amritakasham filling event. The program is being organized on the initiative of Central and State Government and Calicut University NSS Directorate in connection with Amrita Mahotsavam.

Its aim is to inculcate in the students a love for the native soil and country and to make them always active for the welfare and prosperity of the country. For that, the program involves students taking a handful of soil from their homes and depositing it in a specially prepared amrita kalash.

the Amrit Kalash Filling Program organized under the auspices of NSS Unit of Assabah College was inaugurated by Honorable Principal Muhammad Koya Sir. NSS Program Officer Abdul Rahman P collected soil in Amrita Kalasham.

Participated in a workshop jointly organized by Suchitva Mission and Haritakarma Sena as part of the Garbage Mukta Navekaralam campaign



Date: October 25, 2023

Alamcode Grama Panchayat President Shaheer inaugurated the event held at Changaramkulam MCF (Material Collection Facility) Center. Assabah NSS Program Officer Abdul Rahman conveyed his greetings in the ceremony attended by Ward Member, Panchayath Development Standing Committee Chairman etc.

How Harita Karma Sena segregates non-organic waste collected from households. The students were explained in detail as, how it works.

Apart from the awareness class, there was also a practical session on waste segregation.

Harita Sabha was organized under the leadership of Assabah NSS 240 unit



Date: November 14, 2023

The workshop was organized for the selected students of twenty schools in Alamkode Panchayat as part of the second phase of the Kerala Government's Malinya Mukta Nava Keralam project.

Assabah College NSS volunteers Safa Parveen, Safana, Hiba, Anas, Abhay etc. led the program.

Panchayat President Shaheer Inaugurated the function. Ward member, development standing committee chairman etc. were present.

Mankulam and its surroundings were cleaned



Date: November 25, 2023

Public pond cleaning activity was carried out by NSS 240 of Assabah Arts and Science College, Valayamkulam on November 25. The pond was found to be largely covered with plastic waste, rendering it unusable. The NSS volunteers actively participated in the cleaning process, removing tons of plastic waste from the pond to restore its natural beauty and usability. Despite the challenging condition of the pond, the team worked tirelessly to clear the waste and improve the overall cleanliness of the area. The successful cleaning operation not only benefited the pond and its ecosystem but also raised awareness about the importance of environmental conservation and responsible waste management among the college community and the public.

Report on Garden and Footpath Setting Conducted by NSS 240 of Assabah Arts and Science College, Valayamkulam



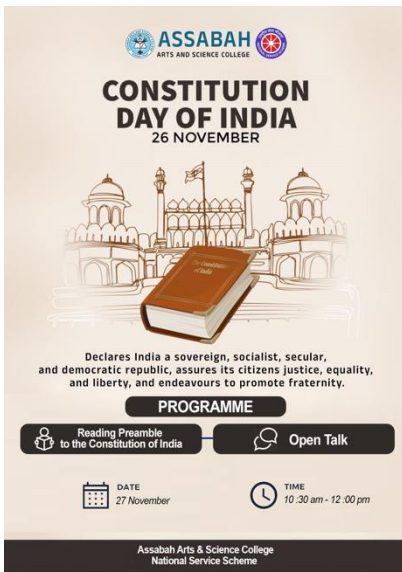
Date: November 25, 2023

On November 25, NSS 240 unit took the initiative to lead a project focusing on garden setting and footpath making in Assabah Arts and Science College campus as part of the college's beautification process. The unit members worked tirelessly to transform the designated areas into beautiful and functional spaces.

The garden setting involved planting a variety of flowers, shrubs, and trees to enhance the visual appeal of the college campus. Additionally, the footpaths were carefully laid out to provide convenient and aesthetically pleasing walkways for students and faculty.

Overall, the project was a great success, thanks to the hard work and dedication of NSS 240 unit members. The garden and footpath setting have significantly contributed to the overall beauty and functionality of Assabah Arts and Science College campus.

Constitution Day observation

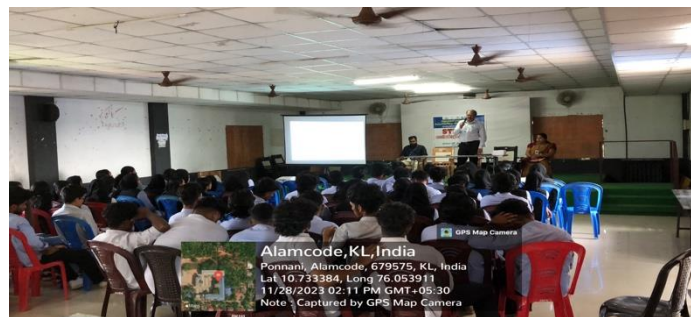
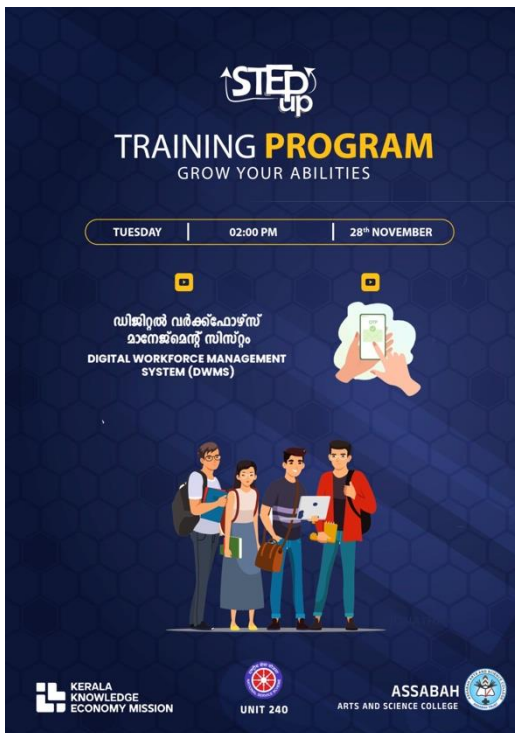


Date: November 27, 2023

74th Constitution Day of the country was celebrated under the leadership of Assabah NSS 240 units. NSS Program Officer Abdul Rahman.P read out the Preamble of the Constitution to the students at the ceremony held at Assabah Campus, which was recited by the students.

After that, an open debate was held on the topic of Challenges facing the Constitution.

STEP UP Campaign Alamcode Gram Panchayat level training was organised at Valayamkulam Assabah College



Date: November 28, 2023

STEP UP Campaign under the leadership of the State Government and the Kerala Economy Mission's Alamcode Gram Panchayat level training was organized at Valayamkulam Assabah College.

Alamcode Community Ambassador Sumita, STEP UP Coordinator Ameer, College Principal Mohammad Koya and NSS Program Officer Rahman participated in the training conducted for NSS volunteers.

Ayurveda Medical Camp



അസ്സബാഹ് ആർട്സ് & സയൻസ് കോളേജ്
**കാൺസിലിംഗ് സെന്റർ ഉദ്ഘാടനവും
സൗജന്യ മെഡിക്കൽ ക്യാമ്പും**

Date: 2023 December 01 Time: 10:00 am

ഉദ്ഘാടനം
ഷഹീർ കെ.വി
(ആലംകോട് പഞ്ചായത്ത് പ്രസിഡന്റ്)

ക്യാമ്പിൽ പരിശോധന നടത്തുന്നത്
Dr. ഷഹല പി.വി BAMS
(ആയുർവേദ ജനനൽ ഫിസിഷ്യൻ & യോഗ വെൽനെസ്സ് ഇൻസ്ട്രക്ടർ)



Date: December 01, 2023

Ayurvedic Medical Camp was organised at Assabah Arts and Science College under the leadership of NSS 240 Unit and Mental Health Club. People from the houses near the college were beneficiaries of the medical camp also free medicines distributed for patients.

Nunanj theerna madhuram

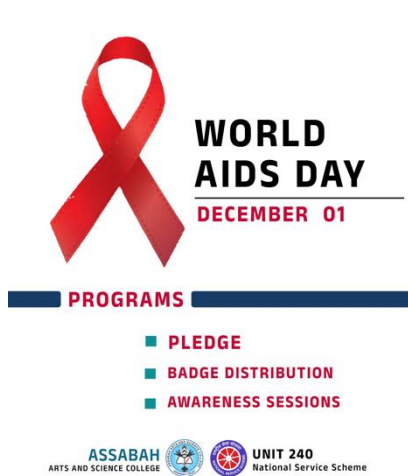


Date: December 01, 2023

With the aim of making the campus plastic free, a new campaign called 'Nunanj theerna Madhuram ' has been launched on the model of 'Pen box challenge' to collect and deposit the mittai, sweets, ice cream and chips wrappers that are carelessly thrown around the campus.

College staff secretary Praveen KU inaugurated the campaign.

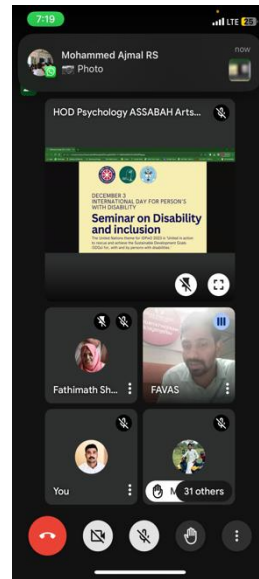
The World AIDS Day Awareness Program conducted by the NSS 240 Unit of Assabah Arts and Science College Valayamkulam



Date: December 01, 2023

On December 1st was a resounding success. The event aimed to educate students and staff about the importance of HIV/AIDS prevention and treatment, as well as to raise awareness about the stigma associated with the disease. The program began with a series of informative sessions on HIV/AIDS, its transmission, prevention methods, and available treatment options. This was followed by group discussions and interactive activities to engage participants and reinforce key messages. Additionally, a poster-making competition and a candlelight vigil were organised to commemorate the lives lost to AIDS and to show solidarity with those living with the disease. Overall, the World AIDS Day Awareness Program was well-received by the college community, and it succeeded in spreading important information.

Webinar on Disability and Inclusion



Date: December 05, 2023

The webinar conducted by NSS 240 unit of Assabah College on the topic of disability and inclusion for International Day for Persons with Disabilities on December 3rd was a success. The event highlighted the importance of inclusivity and accessibility for individuals with disabilities. The guest speakers shared valuable insights on promoting diversity and creating a more inclusive society. Attendees gained a better understanding of the challenges faced by people with disabilities and how to support them effectively. The interactive discussions and sharing of personal experiences made the webinar engaging and informative. Overall, the webinar emphasised the need for equal opportunities and respect for all individuals, regardless of their abilities.

Pre camp orientation



Date: December 16, 2023

Assabah Arts and Science College Valayankulam organised a pre-camp named "Munnorukkam" as part of a 7-day residential camp initiative. The pre-camp aimed to prepare the participants for the upcoming residential camp by providing them with an orientation and necessary information. Various activities such as team-building exercises, leadership training, and outdoor challenges were conducted during the pre-camp to enhance the participants' skills and foster a sense of camaraderie among them. The participants actively participated in all activities and showed enthusiasm for the upcoming residential camp. The pre-camp was well-organised, and the participants found it to be a valuable experience that helped them build confidence and readiness for the main camp.

Sneharamam Project



Date: December 25, 2023

The Sneharamam project, initiated by Assabah Arts and Science College Valayamkulam, is a remarkable transformation of a garbage dump site into a serene park. The project showcases innovative urban planning and sustainable development practices that aim to enhance the environment and community well-being. The park now serves as a green oasis in the heart of the city Changaramkulam, offering a peaceful retreat for visitors and a safe recreational space for families. Through creative landscaping and thoughtful design, the project has successfully revitalised a previously neglected area and turned it into a thriving hub of biodiversity and cultural significance. Sneharamam stands as a testament to the power of community driven initiatives in transforming urban landscapes and promoting a greener, more sustainable future.

Report on Fund Collection on Palliative Care Day in Collaboration with Karunyam Palliative Care Changaramkulam by NSS 240 unit of Assabah Arts and Science College Valayamkulam



Date: January 15, 2024

On Palliative Care Day, Assabah Arts and Science College Valayamkulam organised a successful fund collection event in collaboration with Karunyam Palliative Care Changaramkulam. The event aimed to raise funds to support the palliative care services provided by Karunyam. The students and staff of the college actively participated in the fundraising activities, including a charity walk, donation drives, and awareness campaigns.

The total amount collected during the event was Rs. 1,30,624. The funds will be used to enhance the facilities and services provided by Karunyam Palliative Care Changaramkulam, benefiting many patients in need of palliative care support. The collaborative effort between the college and the palliative care center exemplifies the importance of community involvement in supporting such vital healthcare services.

Report of UDID card registration by NSS 240 unit of Assabah Arts and Science College Valayamkulam in collaboration with Kerala Social Security Mission



Date: January 25, 2024

The UDID card registration event was organized by the NSS 240 unit of Assabah Arts and Science College Valayamkulam in collaboration with Kerala Social Security Mission at Kiliyil Plaza Auditorium Maranchery. The Unique Disability ID (UDID) initiative is led by the Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Government of India. The event aimed to provide persons with disabilities with a unique identification card that would enable them to access various government schemes and benefits more easily. The registration process was conducted smoothly, and participants were assisted by volunteers throughout the event. Overall, the event was successful in raising awareness about the importance of UDID cards and promoting inclusion and empowerment of persons with disabilities.

Report on Republic Day Celebration conducted by NSS 240 Unit of Assabah Arts and Science College, Valayamkulam



Date: January 26, 2024

The NSS 240 Unit of Assabah Arts and Science College, Valayamkulam organized a grand and patriotic Republic Day celebration on 26th January. The event commenced with the hoisting of the national flag followed by the singing of the national anthem. And a open talk was done by NSS P.O Abdul Rahman.P highlighting the importance of the Constitution and the history of India.

A special tribute was paid to the freedom fighters and national leaders who sacrificed their lives for the country's independence. The event aimed to instill a sense of patriotism and unity among the students and staff members.

Overall, the Republic Day celebration was a resounding success, filled with pride and fervor for our nation. The NSS 240 Unit demonstrated their commitment to promoting national integration and social harmony through this event.

Report on Paper File Distribution by NSS 240 Unit of Assabah Arts and Science College Valayamkulam



Date: January 27, 2024

In compliance with the NSS initiative, the 240 Unit of Assabah Arts and Science College Valayamkulam carried out a paper file distribution drive to various entities. The distribution included police station, KSEB, and village office. The unit ensured the timely delivery of essential documents to aid these establishments in their operational processes.

The distribution was meticulously organized, with designated members overseeing the process at each stop. The files were neatly labeled and categorized for easy identification. The NSS volunteers coordinated effectively with the authorities at the respective locations to ensure smooth handover and receipt of the files.

Overall, the paper file distribution drive was successful in facilitating efficient communication and workflow within the community. The NSS 240 Unit demonstrated commendable dedication and teamwork in executing this initiative for the betterment of society.

Report on Fundraising Conducted by NSS 240 Unit of Assabah Arts and Science College Valayamkulam for 13-year-old Boy Named Libin from Edakalathoor Affected by Autism



Date: February 01, 2024

The NSS 240 Unit of Assabah Arts and Science College Valayamkulam organized a successful fundraising campaign to support Libin, a 13-year-old boy from Edakalathoor who is affected by autism. The fundraising event, named "Unity for Libin (UFL)," garnered overwhelming support from students, faculty, and the local community.

Through charity drives the NSS unit managed to raise a substantial amount to assist Libin's family in covering his medical and therapy expenses. The unity and compassion shown by everyone involved in the fundraising efforts truly made a difference in Libin's life, providing hope and financial aid for his ongoing treatment and care.

The NSS 240 Unit expresses gratitude to all donors and volunteers who contributed to the UFL campaign, showcasing the power of unity in making a positive impact on individuals in need.

Report of fundraising conducted by NSS 240 unit of Assabah Arts and Science College, Valayamkulam for Karunyam Palliative Care, Changaramkulam



Date: February 20, 2024

The NSS 240 unit of Assabah Arts and Science College, Valayamkulam organised a successful fundraising event for Karunyam Palliative Care, Changaramkulam. Students and faculty members actively participated in the fundraising. Various activities such as a charity walk, awareness campaigns were organised to raise funds for the noble cause. Through the collective efforts and support from donors, the NSS unit was able to raise a substantial amount of funds to support the services provided by Karunyam Palliative Care. The event not only raised funds but also increased awareness about the importance of palliative care and the need to support such initiatives in the community. Overall, the fundraising event was a great success and demonstrated the unity and generosity of the NSS 240 unit and the Valayamkulam community in supporting the cause of Karunyam Palliative Care, Changaramkulam.