



Assabah Arts and Science College
Valayamkulam

GENDER EQUITY REPORT

2020-2021

ABOUT THE COLLEGE

Assabah Arts and Science College is self financing college affiliated to university of Calicut, Established in 2005, operated by the Assabah Association Trust. Offering 14 undergraduate programs and 5 postgraduate programs, Assabah College stands out as a pace-setter in higher education. In addition to traditional academic paths, we provide distinctive and professional graduate programs in areas such as Travel & Tourism, Psychology, and Geology, placing a strong emphasis on employability and skill development. We operate with a compelling vision to be a hub for value-based education, utilizing various evaluative processes. Our mission is to cultivate reflective individuals through robust preparation and meaningful outreach.

ABOUT WOMEN DEVELOPMENT CELL

Women Cell, established in 2013, committed to fostering a campus environment that upholds the principles of gender equality, inclusivity, and respect for all individuals. Our policy reflects this commitment by outlining a comprehensive framework aimed at promoting equitable opportunities and eliminating discrimination based on gender. Women development cell strive to create a safe and supportive space where every member of our college community can thrive, regardless of their gender identity or expression. By addressing systemic barriers and fostering awareness through education and advocacy, we aim to cultivate a culture of respect, understanding, and empowerment. We underscore our dedication to ensuring that all genders have equal access to education, opportunities for leadership, and support services.

WOMEN DEVELOPMENT CELL COMMITTEE 2020-21

SL.NO	NAME	ROLE
1	Prof. V K ABOOBACKER(Principal)	CHAIRMAN
2	SHAJITHA V (Assistant professor)	CONVENOR
3	JISHA M K (Assistant professor)	JOINT CONVENOR
4	FATHIMA NASRIN (Student)	PRESIDENT OF WDC
5	MUBEENA B A (Student)	SECRETARY OF WDC
6	AMINA KUTTY (Non -Teaching Staff)	MEMBER

Gender Equity Report for Assabah Arts and Science College 2020-21

Introduction:

Assabah Arts and Science College is devoted to fostering an inclusive and equitable surroundings for all college students, college, and body of workers. The institution locations a strong emphasis on gender fairness, ensuring that all individuals, no matter gender, have identical get entry to to possibilities and assets. This report outlines the projects, policies, and measures carried out by using the college to promote gender fairness and the effect of those efforts.

Objectives:

- Ensure equal opportunities for all genders in instructional and extracurricular sports.
- Promote a secure and respectful campus environment loose from discrimination and harassment.
- Support the personal and professional development of women through centered packages and projects.
- Foster a way of life of inclusivity and recognize amongst all college stakeholders.

Gender Equity Initiatives:

Women Development Cell (WDC):

Conducts everyday audits of gender-associated measures and implementations. Reviews curricular and co-curricular sports to make sure gender inclusivity. Revises and updates agendas for upcoming packages based on audit findings.

Gender-Friendly Campus:

Provides a gender-pleasant environment for college students, school, and body of workers. Ensures that no man or woman faces discrimination in personal increase, higher training, extracurricular activities, placements, or illustration in golf equipment and cells.

Counseling Services:

Operated through the Department of Psychology, offering services to college students, school, and non-teaching personnel.

Workshops and Seminars:

Regularly conducts workshops and seminars on gender sensitization, equity, and related subjects. Invites professionals to speak on issues consisting of gender equality, girl's rights, and empowerment.

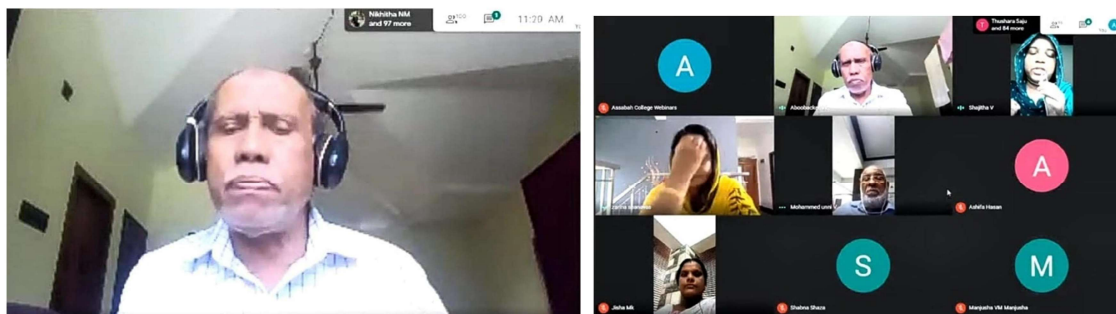
1. A webinar on "Cyber bullying and Friendship fires".



On September 12, 2020, the Women's Cell organized a webinar focusing on the contemporary issues of cyber bullying and friendship dynamics titled "Cyber bullying and Friendship Fires." The session was conducted by Mrs. Zarina Shanavas, an esteemed educationalist, motivational speaker, and corporate trainer known for her expertise in youth and social dynamics. The objectives of the program were to educate participants on the impact of cyber bullying on mental health and well-being, discuss strategies for prevention and intervention in cases of cyber bullying,

Mrs. Zarina Shanavas discussed the impact of cyber bullying on victims and the broader community, real-life examples illustrating the consequences of cyber bullying, strategies for prevention, including cyber safety tips, and creating supportive environments.

2. Women and Science-Facts and Prejudice



On 30th September 2020, the Department of Physics organized a webinar titled "Women and Science - Facts and Prejudice." The webinar aimed to explore the challenges and achievements of women in the field of science, highlighting both factual advancements and existing prejudices. Dr. A. Seema, Scientist at C-MET, Thrissur, led the session, bringing her expertise and insights into the discussion. The speaker underscored the significant contributions of women scientists throughout history. She showcased pioneering women who overcame obstacles to make ground breaking discoveries, emphasizing their invaluable role in advancing scientific knowledge. The session delved into common prejudices and misconceptions about women in science. Dr. Seema addressed myths surrounding women's capabilities and emphasized the importance of debunking such stereotypes to create an inclusive scientific community.

2. An essay writing competition

First prize

second prize



Third Prize

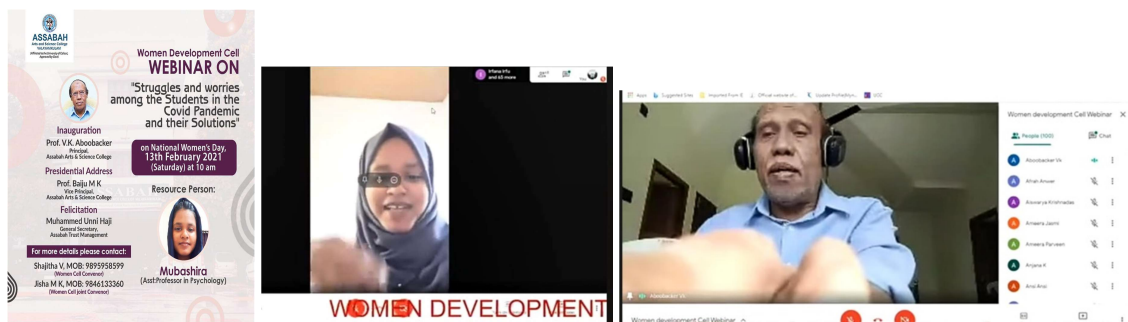


On March 8, 2021, in celebration of International Women's Day, the Women's Development Cell organized an essay writing competition on the theme "The Role of Women in Re-building India." The competition aimed to highlight the pivotal role of women in shaping and advancing India's socio-economic landscape through insightful essays from participants. The event commenced with an introduction to the significance of International Women's Day and its relevance in promoting gender equality and women's empowerment. Many essays highlighted the historical contributions of women leaders and activists who

played pivotal roles in India's freedom struggle and social reform movements, the economic empowerment of women and their impact on India's economic growth and The role of women in improving access to education and healthcare emerged as significant themes.

The essay writing competition not only provided a platform for participants to express their ideas but also fostered meaningful discussions on gender equality and women's empowerment. By showcasing the diverse perspectives and contributions of women across different sectors, the competition underscored the importance of inclusive development and collective efforts towards building a more equitable society.

3. A webinar on "Struggles and worries among the students in Covid Pandemic and solutions" in connection with "National Women's Day"



On February 13, 2021, women development cell organized a webinar to commemorate National Women's Day, addressing the pertinent topic "Struggles and Worries Among Students in the COVID-19 Pandemic and Solutions." Through Google Meet, featured Mrs. Mubashira, Assistant Professor of Psychology, who provided valuable insights and strategies to cope with the challenges posed by the pandemic. The session discussed about psychological impact of prolonged uncertainty and disrupted routines on student well-being. Mubashira discussed common emotional responses such as anxiety, stress, and feelings of loneliness, underscoring the need for proactive mental health support. Practical coping strategies and resilience-building techniques were explored to empower students in managing their mental health. Mubashira emphasized the importance of maintaining a routine, fostering social connections despite physical distancing, engaging in relaxation techniques, and seeking professional support when needed.

Anti-Harassment Policies:

Assabah Arts and Science College implements strict anti-harassment regulations to ensure a safe and respectful campus environment. It provides clear reporting mechanisms and support for individuals facing harassment or discrimination through its Committee on Prevention of Sexual Harassment (POSH), Internal Complaints Committee (ICC), and anti-ragging initiatives.

Conclusion:

Assabah Arts and Science College remains steadfast in its commitment to promoting gender equity and fostering a balanced, inclusive environment for all. The institution's proactive initiatives and stringent policies reflect its dedication to ensuring equal opportunities for success, regardless of gender. Moving forward, the college will continue to evaluate and enhance its efforts to uphold the highest standards of gender fairness and inclusivity.