



Assabah Arts and Science College Valayamkulam

GENDER EQUITY REPORT

2023-24

ABOUT THE COLLEGE

Assabah Arts and Science College is self financing college affiliated to university of Calicut, Established in 2005, operated by the Assabah Association Trust. Offering 14 undergraduate programs and 5 postgraduate programs, Assabah College stands out as a pace-setter in higher education. In addition to traditional academic paths, we provide distinctive and professional graduate programs in areas such as Travel & Tourism, Psychology, and Geology, placing a strong emphasis on employability and skill development. We operate with a compelling vision to be a hub for value-based education, utilizing various evaluative processes. Our mission is to cultivate reflective individuals through robust preparation and meaningful outreach.

ABOUT WOMEN DEVELOPMENT CELL

Women Cell, established in 2013, committed to fostering a campus environment that upholds the principles of gender equality, inclusivity, and respect for all individuals. Our policy reflects this commitment by outlining a comprehensive framework aimed at promoting equitable opportunities and eliminating discrimination based on gender. Women development cell strive to create a safe and supportive space where every member of our college community can thrive, regardless of their gender identity or expression. By addressing systemic barriers and fostering awareness through education and advocacy, we aim to cultivate a culture of respect, understanding, and empowerment. We underscore our dedication to ensuring that all genders have equal access to education, opportunities for leadership, and support services.

WOMEN DEVELOPMENT CELL COMMITTEE 2023-24

SL.NO	NAME	ROLE
1	PROF. MOHAMMED KOYA MN (Principal)	CHAIRMAN
2	SHAJITHA V (Assistant professor)	CONVENOR
3	JISHA M K (Assistant professor)	JOINT CONVENOR
4	BAFEESHA (Student)	PRESIDENT OF WDC
5	MUBEENA (Student)	SECRETARY OF WDC
6	AMINA KUTTY (Non -Teaching Staff)	MEMBER

Gender Equity Report for Assabah Arts and Science College 2023-24

Introduction:

Assabah Arts and Science College is devoted to fostering an inclusive and equitable surroundings for all college students, college, and body of workers. The institution locations a strong emphasis on gender fairness, ensuring that all individuals, no matter gender, have identical get entry to to possibilities and assets. This report outlines the projects, policies, and measures carried out by using the college to promote gender fairness and the effect of those efforts.

Objectives:

- Ensure equal opportunities for all genders in instructional and extracurricular sports.
- Promote a secure and respectful campus environment loose from discrimination and harassment.
- Support the personal and professional development of women through centered packages and projects.
- Foster a way of life of inclusivity and recognize amongst all college stakeholders.

Gender Equity Initiatives:

Women Development Cell (WDC):

Conducts everyday audits of gender-associated measures and implementations. Reviews curricular and co-curricular sports to make sure gender inclusivity. Revises and updates agendas for upcoming packages based on audit findings.

Gender-Friendly Campus:

Provides a gender-pleasant environment for college students, school, and body of workers.

Ensures that no man or woman faces discrimination in personal increase, higher training, extracurricular activities, placements, or illustration in golf equipment and cells.

Counseling Services:

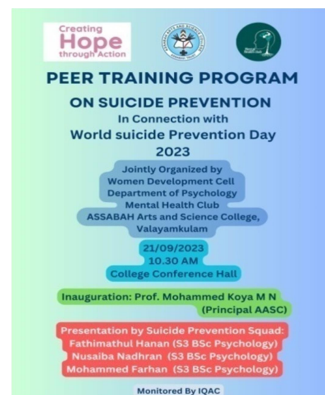
Operated through the Department of Psychology, offering services to college students, school, and non-teaching personnel.

Workshops and Seminars:

Regularly conducts workshops and seminars on gender sensitization, equity, and related subjects.

Invites professionals to speak on issues consisting of gender equality, girls's rights, and empowerment.

1. Suicide Prevention Programme



On September 21, 2023, the Women Development Cell (WDC) and Mental Health Club at Assabah Arts and Science College hosted a heartfelt "Suicide Prevention Programme" in observance of Suicide Prevention Day. This impactful event, led by Psychology Department members NussaibaNadran, Mohammed Farhan, and FathimathulHanan, aimed to educate and empower Peer Groups, WDC members, and Class Representatives. The speakers provided invaluable insights into mental health, identifying signs of suicidal thoughts, and offering intervention strategies. They emphasized the importance of open communication, immediate crisis response, and available support systems. Participants actively engaged in discussions, gaining practical knowledge and fostering a supportive community atmosphere. The programme was a significant step toward promoting mental health awareness and preventing suicide, reinforcing the college's commitment to the well-being of its member

2. Breast Cancer Awareness Programme



As part of the Community University Service and Support Programme (CUSPP), B.Com students at Assabah Arts and Science College organized an impactful Breast Cancer Awareness Programme. They distributed informative pamphlets to female teachers and students, aiming to raise awareness about breast cancer and the importance of early detection. The initiative sought to educate the college community about the signs, symptoms, and preventive measures associated with breast cancer, fostering a culture of health awareness and proactive care.

3. A General Awareness Programme" and "Suicide Prevention Programme"



The Women Development Cell (WDC) and the Mental Health Club of Assabah Arts and Science College organized two significant events for all first-year undergraduate students: a "General Awareness Programme" on December 4, 2023, and a "Suicide Prevention Programme" on December 5, 2023. Both events took place in the college auditorium.

Shajitha V, the WDC Convenor, opened the programmes with a warm welcome speech. The inauguration was graced by Muhammedunni Haji, the General Secretary of Assabah Trust. Mohammed Koya MN, the Principal of Assabah, delivered the presidential address. Felicitations were extended by Praveen K U (Staff Secretary), Jisha M K (WDC Joint Convenor), and Bafeesha (WDC Student President). The events concluded with a vote of thanks from Mubeena, the WDC Student Secretary.

These programmes aimed to enhance student awareness and provide crucial information on mental health and suicide prevention, reinforcing the college's commitment to student well-being.

4. Gender Talk



On January 15, 2024, the Women's Development Cell (WDC) and the Psychology Department of Assabah Arts and Science College jointly organized "A Gender Talk" at the college's Conference Hall. The event began with a welcome speech by Ms. Shajitha V, WDC Convenor, followed by a presidential address from Mr. MuhammedKoya MN, Principal of Assabah. Mr. Ashraf P. P inaugurated the program, and Ms. Amuda Krishna, a member of the Transgender Justice Board, delivered a keynote address, sparking insightful discussions on transgender rights and challenges. The event aimed to foster awareness and dialogue on gender issues, engaging faculty, students, and guests in meaningful conversations about gender equality and inclusivity in

5. Empowering Women: Self-Defense Training



On March 18, 2024, in honor of International Women's Day, the Women's Development Cell (WDC) of Assabah organized a "Self Defence Training for Girls." Facilitated by Nazreen PV, a trained martial artist and state-level champion in Kalaripayattu, and Assistant Professor in the Chemistry Department, the event aimed to equip female students with vital self-defense skills. It fostered meaningful dialogue on women's safety and empowerment, highlighting the college's commitment to promoting gender equality and personal empowerment among attendees.

Anti-Harassment Policies:

Assabah Arts and Science College implements strict anti-harassment regulations to ensure a safe and respectful campus environment. It provides clear reporting mechanisms and support for individuals facing harassment or discrimination through its Committee on Prevention of Sexual Harassment (POSH), Internal Complaints Committee (ICC), and anti-ragging initiatives.

Impact and Outcomes:

These measures have led to increased awareness and understanding of gender equity among students, faculty, and staff. They have also facilitated greater participation of women in various academic, extracurricular, and leadership roles. The college has successfully cultivated a supportive and inclusive campus culture that values diversity and respect, contributing to improved mental health and well-being through accessible counseling services.

Conclusion:

Assabah Arts and Science College remains steadfast in its commitment to promoting gender equity and fostering a balanced, inclusive environment for all. The institution's proactive initiatives and stringent policies reflect its dedication to ensuring equal opportunities for success, regardless of gender. Moving forward, the college will continue to evaluate and enhance its efforts to uphold the highest standards of gender fairness and inclusivity.